



Piedmont Periscope

The official newsletter of the
Carolina Piedmont Base of the
United States Submarine Veterans, Inc.



March 2010 – Issue #2

Web Site: www.ussvi.org/base/CarolinaPiedmont.asp

USSVI Creed:

"To perpetuate the memory of our shipmates who gave their lives in the pursuit of duties while serving their country. That their dedication, deeds, and supreme sacrifice be a constant source of motivation toward



Lost Boats for March

USS F-4 (SS 21)	March 25, 1915
USS H-1 (SS 28)	March 12, 1920
USS PERCH (SS 176)	March 3, 1942
USS GRAMPUS (SS 207)	March 5, 1943
USS TRITON (SS 201)	March 15, 1943
USS TULLIBEE (SS 284)	March 26, 1944
USS KETE (SS 369)	March 20, 1945
USS TRIGGER (SS 237)	March 26, 1945

"Sailors, Rest your oars"

Who's Who & What's Where...

Base Commander	Steve Bell	usnret82@carolina.rr.com	704 824 3510
1 st Vice Commander	Mike Hubbell	mleohub@aol.com	803-628-1908
2 nd Vice Commander	Bob Bickford	bobbickford@comporium.net	803-980-0111
Base Secretary	Jack Jeffries	jckjeffries@interlink-café.com	704 -764-5211
Base Treasurer	Lee Hickerson	ssnret@carolina.rr.com	704-573-9480
Chief of the Base	Howard Dachs	howard@autodax.com	803-631-5051
Base Chaplin	Raymond Fritz	raysabode@bellsouth.net	803 831 7235
Base Storekeeper	Jeff Nieberding	jan7334@comporium.net	803-366-9255
Holland Club Coordinator	Walt Sealy	walt_sealy@yahoo.com	803-327-5661
Newsletter Editor	E. Dale Moses	donutdad@carolina.rr.com	704-248-7610

The CO's Stateroom – Steve Bell, Commander

Let me start this by saying "Thanks" to all of you for your support. You make it a pleasure to serve as your Base Commander. And a bit "Thanks" to the Subvettes for the meals they put on for us. They make it tough on the waistline, but that is okay. I am really happy that we are having the turnout for our meetings that we are. Not only is it nice seeing all of you, but it makes me feel better about the decisions we make. I think that our base is surely doing a lot of good things for our various communities, both the men and women. I am sure we can all feel good about that. I look forward to us getting our challenge coins too. I am sure they will be a treasure for us all, both the pride of our base and the memories that they might spur for each of us down the road. Again, thank you all for your support and efforts that you put in for both our base and USSVI.

We do not normally provide drinks (other than coffee) during our meals at our meeting. You can obtain most anything you desire at the bar, including sodas and water. This is the least we can do for the VFW Post that does not charge us for use of their facility. This way they get to make a buck or two off of us.

----- [Get Involved with the Base](#)-----

XO's POD – Mike Hubbell, Sr. Vice-Cmdr –

No Report

---- [Pride Runs Deep; at Carolina Piedmont Base](#) -----

1st LT's Locker – Bob Bickford, Jr. Vice-Cmdr

No Report

---- [Pride Runs Deep; at Carolina Piedmont Base](#) -----

Comm Center- Jack Jeffries, Base Secretary

CAROLINA PIEDMONT BASE

27 Feb 2010 Minutes

1900-Meeting called to order by Commander Steve Bell, Invocation-Ray Fritz, Pledge of Allegiance, National sung by Joel Tuchfeld, Tolling of Boats lost in month of Feb.,

- Member introduction, 31 present.
- Reading of minutes from previous meeting approved and seconded with 2 minor corrections. Changed word District to NC Subvets and corrected K4K fund to read 237.00.
- Reading of Treasurer's Report. Balance in Acct. 3114.75, Burnsville Fund 1284.50,
- Kaps4 Kids 252.00, Refreshment fund 105.00 Available balance 1473.75, Approved and seconded. Lee also informed us that the 2010 USSVI membership stickers for card is now available.
- Storekeeper report. Still have some USSVI Calendars for sale. Order has been placed for members vests. Waiting for delivery.
- Old Business-discussed Golden and Silver Anchor Awards patch designed by Clarence
- Jordan, approved patch with reduction in size. Base to order 100 patches for distribution to base members.
- New Business- Discussed USS Drum restoration- Base voted and approved donating \$100 to fund. Steve Bell presented idea of having a base Challenge Coin. We discussed design of coin. Base approved our base patch on front side and the USSVI logo with the words Pride Runs Deep on the reverse side, coin to be epoxy coated. Base to order 100. Approved
- We discussed the upcoming presentation at Victory Junction and tabled the motion of purchasing 100 kaps and certificates

for summer visit. Eagle Scout presentation, approved the purchase of 30 more USSVI Eagle Scout patches for future use. We discussed the need for volunteers for presentation of awards in various locations.

- Good of the Order- Commended Dale Moses for the fine job done on the first edition of the PIEDMONT PERISCOPE. Dale mentioned that he needs input from members for articles in the next edition. We discussed the upcoming National elections and stressed the importance of every member casting a vote. This has a direct bearing on the future of our organization and after careful reviewing each candidates credentials VOTE. Let's make our base 100% voting. Commander Bell read the letter of thanks from the Welcome Home Veterans group at Richards Coffee Shop in Mooresville for the donation we presented to them. We presented information for upcoming Massing of the Colors scheduled for Sunday 7 Mar at Greenville, SC. Dale Moses and Rick Pettit to participate along with Walt Sealy. We also discussed the Massing of the Colors scheduled for 18 April in Columbia SC, need volunteers for this presentation, also discussed Massing of the Colors to be held in Rock Hill, SC scheduled for Saturday 24 April in conjunction with the Welcome Home Veterans in honor of Viet Nam Veterans in the area. All are invited to participate. More info on this is forthcoming. Information was presented about the upcoming District Meeting 4-6 March. Several base members are scheduled to attend. We also briefly discussed the Regional meeting at Panama City, FL. This is to be held 25-29 April. Those desiring to attend, contact Commander Steve Bell. We are slated to be in the Annual ST. Patrick's parade the 10th of April. Those wishing to carpool assemble at the FT Mill VFW by 9AM more info will be passed along as final plans are made. There is also a parade scheduled for the Azalea Festival, No set date as yet. Steve briefly spoke of intentions for the Autism Day in the fall no set date as of yet.

2050- Motion made and seconded to adjourn. Benediction given by Chaplain Ray Fritz.

----- Get Involved with the Base-----

Keeper of the Coin - Lee Hickerson, Base Treasurer

Treasurers Report for the March 2010 CPP

Current Balance \$4016.55

Restricted Funds

 Burnsville Memorial \$1563.50

 Kaps For Kids \$329.80

 Refreshments \$105.00

 Spruce Pine Mtg. \$540.00

 Base Coin Reserve \$60.00

Base Funds Available \$1418.25

All monies deposited.

No outstanding debt.

As you may note, I am collecting monies for 2 new restricted funds.

If you plan on attending the May meeting at the Spruce Pine Lodge for the visit to Burnsville, feel free to send \$20.00 per person to cover dinner and incidental expenses to me at the address below.

We are having a base coin made with a first run order of 100. They are offered at \$10.00 each to Carolina Piedmont Base members and \$15.00 each to non Base members. You can reserve yours now by sending a check for the number you want.

Be sure to note on the checks what the money is for.

Carolina Piedmont Base USSVI

8410 Clear Meadow Lane

Charlotte, NC 28227

----- Get Involved with the Base-----

Chaplin's Corner- Raymond Fritz, Base Chaplin

Certainty in Uncertain Times

Mathew 7:24-29

During an earthquake that occurred many years ago, the inhabitants of a small village were generally very much alarmed, and at the same time surprised, at the calmness and apparent joy of an old lady, whom they all knew. At length one of them asked the old lady, "Mother, aren't you afraid?"

"No," she replied, "I rejoice to know that I have a God that can shake the world."

As we look around we see serious economic concerns worldwide, high unemployment, political unrest in much of the world, drug abuse and domestic violence run unbridled in our streets. The world around us shakes and our hearts cry out for sure footing, for a sure foundation; for certainty in uncertain times.

Allow me to give you 5 things which are *uncertain* in this life, and one thing that is *certain*.

In times of uncertainty, we are not left without hope. For believers in Christ (or God), we are not like so many sailors drifting at sea in the storm. We are not alone in the storms of this life. We have a sure footing and a sure foundation.

Men's Promises: *"Do not put your trust in princes, in mortal men, who cannot save." (Psalms 146:3 NIV)* We are living in an age of broken promises. Men and women are making promises to one another, to their children, and to others and then breaking them in large measure.

While the world looks to men to save them, we know that it is only God who saves. No prince, no king, no local, regional, national, or global government is able to save us. That power is reserved for God; it is in His promises alone that we must place our trust.

Riches: *"Cast but a glance at riches, and they are gone, for they will surely sprout wings and fly off to the sky like an eagle." (Proverbs 23:5 NIV)* Time and again the Bible warns us in regard to placing our trust in earthly riches. The biblical message is not that money is innately evil, nor is it that we should not plan or save. The message is that our ultimate trust and focus is to be on the *provider* not on the provision. Earthly riches are fleeting and unstable. Besides, achieving riches is not synonymous with achieving happiness. That doesn't mean the rich have to become poor in order to be happy. The ranks of the happy include the poor and the rich, as well as those in between. God is our source of peace, contentment, security, and stability.

The Future: *"Do not boast about tomorrow, for you do not know what a day may bring forth." (Proverbs 27:1 NIV)* The future is uncertain. Christians believe that the time of Christ's return is close. Jesus said, *"When you hear of wars and rumors of wars, do not be alarmed. Such things must happen, but the end is still to come. Nation will rise against nation, and kingdom against kingdom. There will be earthquakes in various places, and famines. These are the beginning of birth pains." (Mark 13:7-8 NIV)*

The future is uncertain. We do not know what tomorrow will bring. So let us, as Christ commands, be on guard, be alert.

Life: *"Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes." (James 4:14 NIV)* Even the length and nature of this life is uncertain. We do not know what tomorrow will hold but we don't even know what this day will hold. This is the moment. It is our moment. We may not have another. It is one moment at a time that the breadth of our lives is measured.

Earthly Glory: *"For, All men are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall." (1 Peter 1:24 NIV)*

Of all of the five things listed as uncertain, perhaps none is more uncertain than earthly glory. In Hollywood you are only as popular as your last movie. So it is here in the real world. Earthly glory, riches, power, and prestige; all of these fade as quickly and as easily as they come because fame is fickle and unstable.

One Sure Foundation: *"So this is what the Sovereign LORD says: 'See, I lay a stone in Zion, a tested stone, a precious cornerstone for a sure foundation; the one who trusts will never be dismayed.'" (Isaiah 28:16 NIV)*

Jesus Christ is referred to as the cornerstone. The builders would get a stone from the quarry and chisel it carefully to get as near a right angle as possible. They would measure the placement of all the other stones against that cornerstone, that first measuring stone. It was the standard by which all the walls of the building were determined.

When Jesus Christ is called the cornerstone, God is saying, "I measure everything by Jesus Christ."

It is Christ's love in us that keeps us balanced while our boats are tossed about on the sea. It is Christ's love that keeps us in harmony with God amidst the clanging and clattering of the world's many voices which seek to pull us this way and that.

In a world where promises are not always secure, where riches fail, where the future is unknown, where life is uncertain, and where earthly glory fades as quickly as it comes, Christ alone is our chief cornerstone; our certainty in an uncertain world; the steadfast measure of all things.

Proverbs 3:23-24 says, *"Then you will go on your way in safety, and your foot will not stumble; when you lie down, you will not be afraid; when you lie down, your sleep will be sweet." (NIV)*

Amen.

----- Get Involved with the Base-----

COB's Words -Howard Dachs, Base COB

No Report

----- Get Involved with the Base-----

The Supply Shack- Jeff Nieberding

No Report

----- Freedom, is not Free, Support our Troops-----

Holland Club Happenings - Walt Sealy- Holland Club Coordinator

No Report

---- Pride Runs Deep; at Carolina Piedmont Base -----

Editor's Note –E. Dale Moses

Shipmates,

I'm new to the CPB, but I am IMPRESSED! I have been to 3 meetings and each time extra tables and chairs had to be brought in. I have attended meetings at 3 other bases and was Commander at one of those and have never seen so much excitement and shipmates and spouses that are willing to work toward a common goal.

On the 7th, I had the opportunity to travel to Greenville with Rick Pettit to the Scottish Rite's Massing of the Colors. It was Rick's first time presenting the Colors, but he was willing to give it a try; just as I mentioned above, I love the excitement of this Base. Rick did a fine job. We both were impressed with the Junior ROTC units. There had to be at least 30 different units presenting Colors and half were these "youngin's". In front of us were these 4 Young Marines. They were about 10 years old and dressed in camo with two flags and two rifles (not real), 3 boys and a young lady. I wished I'd have brought my camera.

I look forward to work with all of you. Please keep the newsletter items coming in. Remember, everyone has a story! – Moe(SS)

----- Get Involved with the Base-----

CPB says

Happy Birthday to:

March

Bob Saenz 3/01
Rick Pettit 3/05
William Hickerson 3/07
Howard Dachs 3/14
Judy Hickerson 3/15
Ruth Murray 3/15
Barbara Sealy 3/24
Robert Howell 3/30

April

Jolanda Lynch 4/02
Linda Zieverink 4/09
Paul Simerly 4/09
Donna Blassingham 4/11
Linda Crystal 4/14
Emma Howell 4/22
Dee Rutter 4/30

----- You are not too old to join in the FUN, come to a meeting!! -----

HAPPY ANNIVERSARY to:

Sandi and John Wardean - 3/5
Mary and Robert Bickford - 4/21
Libby and Calvin Reese - 3/31
Judy and William Hickerson - 4/23
Karen and Michael Toomey - 4/24

----- Wear your Dolphins - you earned them! -----

Binnacle List:

All Crew Member healthy!

----- Pride Runs Deep -----

Welcome aboard to new members

"Everybody is ignorant, only on different subjects."-Will Rogers



No new member this month!
We more need names here – Just ask if they belong!

----- Pride Runs Deep -----

A Paint Job to Remember

The day before we were transferred from the USS Skate SS(N)578 to the U.S. Navy Nuclear Power School in Groton, CT, my friend George Bible and I were given the job of painting the shaft alleys. Neither of us had ever used a spray gun before and had no idea what we were doing! By the time we were finished both shaft alleys were drip drying – I mean really drip drying! Thankfully, we had enough sense to cover the gauges and meters. I don't know, but the paint may have been still dripping when they decommissioned it years later. Hey Tom, you might know. -- Chaplain Ray (USS Skate 1958-1960)

Surface at the North Pole



My friend George Bible (*one of the guys on the bow*) and I reported aboard the USS Skate in December of 1958. In February 1959 the Skate headed for the North Pole to see if it was possible to surface through the polar ice in the middle of winter. We successfully broke through the ice 15 times on the 30 plus day voyage under the ice. On **March 17, 1959 at 10454Z**, 51 years ago, we surfaced through the ice at the North Pole for the first time in history. During that voyage we also went around the world at about a 2 mile radius. God was with us! You can read all about it in Captain James Calvert's book, "***Surface at the Pole.***" -- Chaplain Ray

----- Grab your Dolphins and get to a meeting! -----



Let's Go Out to the Baseball Game

I'm looking for a few good men. Okay then, I'll take you guys. I need 4 or more volunteers to help me present the Colors at Charlotte's Knights game. This could be the start of a Color Guard for High School games this fall or even the Panther's. Who knows? What better exposure than to present the Colors?

When I get enough guys, or even gals, I'll pursue the event. Maybe even have a Carolina Piedmont night at the Stadium. Who knows? Who knows what we can do when we try? After all, we wear Dolphins.- Moe(SS)

Tell your story

We need stories. Your shipmates want to hear them. Please email them to me at donutdad@carolina.rr.com or mail them to: Dale Moses, 14826 Ashlight Dr. Charlotte, NC 28278.

----- Put down the "remote" and get to a meeting! -----

The First Annual Carolina Piedmont Cruise

The cruise is Monday October 4th thru Saturday October 8th and we are sailing to the Bahamas on the Carnival Fantasy out of Charleston. The cost for an inside cabin is \$300.50 and an outside cabin is \$400.50. A deposit of 200.00 per person will hold your reservation. You have until August 4th to reserve your cabin. To do so, call 1-866-721-3225 and ask for group booking # 55PZ08. For more information call Sandra at 704-289-4650. A valid passport is required.

Benefit for KAPS 4 KIDS – Myrtle Beach Condo Raffle

Ticket booklets are going fast, we have 27 booklets left to sell before the drawing. Each booklet is \$20.00 for 5 tickets or \$5.00 each. All proceeds go to the KAPS 4 KIDS Victory Junction Gang which should be a little over \$1000.00 and \$140.00 to the Carolina Winds for the maid service for the week. The winner will get 7 nights of their choosing and it sleeps 8 but 6 real comfortably at the ocean front condo at the north end of Myrtle Beach. All you will need to bring other than clothes is food if they wish to cook in the full kitchen at the condo. Call Sandra at 704-289-4650 for more information

CPB Want Ads:

Lost: - Mail Buoy, please return to Med. C.

Wanted: Mess Crank, please apply at Cook's Galley

Found – 1 XO's Stateroom Door

Wanted: - Movie Critic – Dinks need not apply

Lost: Maneuvering Watch

Found – Dog. Bark worse than Bite, answers to COB.

Lost – Ship's Key, call Forward

For Sale – 5 gallons of Bulkhead Remover.

Wanted: - Small smelly area or locker to keep my goats, Call Ira Chief


Must sell – All expenses paid trip to Nuke Land. VOWF floats, Free Canary Suit included.

For Sale – 1 Baffle Sweeper, FBM model, never use a high speeds. Call BR-549

Extra Large Water Hammer, never used. Also have voltage drops for sale – Call Sparky

Okay after you explain these to your wife....send me some of your favorites! (see what happens when you don't send me stories? You get this junk. – Moe(SS))

FOR SALE
John Deere A



Runs good. Missing steering wheel and seat.
Ideal for the person who has lost his ass and
dont know which way to turn.

Piedmont Funnies Page

A man feared his wife wasn't hearing as well as she used to and he thought she might need a hearing aid. Not quite sure how to approach her, he called the family doctor to discuss the problem. The Doctor told him there is a simple informal test the husband could perform to give the doctor a better idea about her hearing loss.

Here's what you do," said the Doctor, "stand about 40 feet away from her, and in a normal conversational speaking tone see if she hears you. If not, go to 30 feet, then 20 feet, and so on until you get a response.."

That evening, the wife is in the kitchen cooking dinner, and he was in the den. He says to himself, "I'm about 40 feet away, let's see what happens."

Then in a normal tone he asks, 'Honey, what's for dinner?' No response.

So the husband moves closer to the kitchen, about 30 feet from his wife and repeats, "Honey, what's for dinner?" Still no response.

Next he moves into the dining room where he is about 20 feet from his wife and asks, "Honey, what's for dinner?" Again he gets no response.

So, he walks up to the kitchen door, about 10 feet away. "Honey, what's for dinner?" Again there is no response.

So he walks right up behind her. "Honey, what's for dinner?"

"Chicken, Ralph, for the FIFTH time, CHICKEN!" – Supplied by Jack Jeffries

-----The early bird may get the worm, but the second mouse gets the cheese in the trap-----

Here's something to think about...

I recently picked a new primary care doctor. After two visits and exhaustive Lab tests, he said I was doing "fairly well" for my age. (I just turned 60.) A little concerned about that comment, I couldn't resist asking him, "Do you think I'll live to be 80?"

He asked, "Do you smoke tobacco, or drink beer or wine?"

"Oh no," I replied.. "I'm not doing drugs, either!"

Then he asked, "Do you eat rib-eye steaks and barbecued ribs?"

I said, "Not much... My former doctor said that all red meat is very unhealthy!"

"Do you spend a lot of time in the sun, like playing golf, sailing, hiking, or bicycling?"

"No, I don't," I said.

He asked, "Do you gamble, drive fast cars, or have a lot of sex?"

"No," I said.

He looked at me and said, "Then, why do you even give a sh*t?"

-----"I had a dream that I was a muffler..., I woke-up exhausted!"-----

One afternoon a lawyer was riding in his limousine when he saw two men along the road-side eating grass. Disturbed, he ordered his driver to stop and he got out to investigate. He asked one man, "Why are you eating grass?"

"We don't have any money for food," the poor man replied. "We have to eat grass."

"Well, then, you can come with me to my house and I'll feed you," the lawyer said.

"But sir, I have a wife and two children with me. They are over there, under that tree."

"Bring them along," the lawyer replied.

Turning to the other poor man he stated, "You come with us, also."

The second man, in a pitiful voice, then said, "But sir, I also have a wife and SIX children with me!"

"Bring them all, as well," the lawyer answered.

They all entered the car, which was no easy task, even for a car as large as the limousine was.

Once under way, one of the poor fellows turned to the lawyer and said, "Sir, you are too kind."

"Thank you for taking all of us with you."

The lawyer replied, "Glad to do it. "You'll really love my place."The grass is almost a foot high"

KNOW YOUR FOOD UPDATE: Some foods sound healthy, but are packed with calories. If you think turkey burgers and yogurt are automatically healthy, think again. The editors of Fitness Magazine say many “healthy” foods are calorie culprits in disguise. For example:

- **Yogurt** - Plain yogurt naturally contains about 16 grams of sugar per cup. But if you eat flavored yogurt, you could be downing 15 or more additional grams of sugar. Slim strategy: Choose plain, low-fat yogurt and stir in fruit or a teaspoon of honey, maple syrup or all-fruit spread for a hint of sweetness.
- **Sugar-free cookies and candy** - When manufacturers remove the sweet stuff, they often add fat, so why not eat the real thing? Slim strategy: Get your cookie fix with graham crackers, which have almost a teaspoon less sugar per serving than many other packaged cookies.
- **Fat-free salad dressing** - In a study in the American Journal of Clinical Nutrition, people who used fat-free dressings didn't absorb any lycopene or beta-carotene, two health-boosting antioxidants. Slim strategy: Get an oil-based, reduced-fat dressing (usually 2 to 4 grams of fat per 2 tablespoons) that contains heart-healthy oils such as olive and canola.
- **Trail mix** - One ounce of banana chips packs 10 grams of fat (they're usually deep-fried), and yogurt-covered raisins are coated with partially hydrogenated palm kernel oil, which contains saturated and trans fats. Slim strategy: Toss your own trail mix with nuts, dried fruit (raisins or chopped apricots), whole-grain cereal, mini pretzels and a few chocolate chips.
- **Ground turkey** - Ground turkey often includes fat and skin. A 3-ounce serving can contain 13 grams of fat — almost triple the amount in lean ground beef. Slim strategy: Look closely at labels. “Extra-lean” turkey is your best bet, with 1 gram of fat and no saturated fat per serving. Can't find it? Buy at least 92 percent lean ground beef.
- **Veggie chips** - The rainbow-hued chips are no better than their potato counterparts. While both may boast a little vitamin A or C, your hips won't know the difference. Slim strategy: Be sure your chips list a vegetable, not potato flour or corn flour, as the first ingredient, and stick with just one portion.
- **Smoothies** - Your smoothie may contain way more fat than you think (17 grams in one popular chain's 16-ounce chunky strawberry smoothie). Some smoothies pack 500 calories. Slim strategy: Pick the smallest size available, and avoid high-calorie mixers such as frozen yogurt, sherbet, sorbet and, especially, peanut butter and granola.
- **Granola** - Granola seems harmless, but it's no breakfast of champions. One cup of dry granola contains up to 560 calories and 28 grams of fat. Slim strategy: Skip granola at restaurants, where you can't control your portion. Enjoy it at home by mixing a quarter cup into a cup of low-calorie, whole-grain cereal.
- **Sushi** - Trendy American-style sushi rolls are stuffed with high-calorie ingredients such as cream cheese, shredded cheese and mayonnaise. Slim strategy: Seek the basics — fish, rice, seaweed, vegetables — and skip creamy sauces. Sashimi (sliced raw fish, no rice) and Nigiri (raw fish with rice) are safe, as are cucumber rolls. [Source: NavyTimes article 22 Apr 2010 ++]

TAPS: It's a song burned into the American consciousness, a tune that wafts over both sleep and death. And it's a piece that some believe hasn't been given the recognition it deserves. What has come to be known as 'Taps' --- 24 notes that floated from a Civil War encampment at nightfall to become the tune that sends to their final rests fallen troops, policemen and firefighters, departed veterans and even presidents of the United States -- may soon be given a more official place in the roster of national melodies. "My idea is to have [Taps] recognized as our National Song of Remembrance," said Jari Villanueva, a retired trumpet and bugle player for the U.S. Air Force Band who may very well be the country's leading authority on Taps. A veteran of more than

5,000 ceremonies at Arlington National Cemetery, Villanueva was an adviser on bugle calls for the movie 'Gods and Generals.' He has researched Taps, written about it, debunked myths about it (it was not found by a Union officer on the body of his son, a Confederate soldier) and offers what is probably the best history yet of the tune on a West Point Web site.

Now, along with fellow bugler Les Hampton, a Navy vet, Villanueva is working with a New York lawmaker to get Congress to officially recognize "Taps" as a song of remembrance. They hope to have this done in time for the 150th anniversary of "Taps" in 2012. As far as who would be officially eligible to have Taps played at their funeral if it does become the National Song of Remembrance, Villanueva takes a broad view. Besides troops and veterans, he said, police officers, firefighters, first responders, public health service workers --- even the Boy Scouts. "My feeling is if you rate a flag on your coffin you rate Taps." According to Villanueva, the music of Taps had its origins in "Extinguish Lights," an end-of-day bugle call adapted from a French tune. But in 1862, while encamped at Harrison's Landing, Va., Union Army Gen. Daniel Butterfield revised the tune - holding certain notes longer, etc. Taps was quickly picked up by other buglers in other units, and after the Civil War and became an official Army bugle call. Villanueva and Hampton met several years ago through playing memorial services and began thinking of ways to bring attention to the need for Taps players. The rising numbers of World War II and Korea vets passing away, as well as troop losses in Iraq and Afghanistan, has resulted in greater demand for buglers.

Several years ago the military began making a bugle insert that played Taps available to veterans groups. The discrete device plays the notes while the "bugler" --- standing away from the grave site --- holds the instrument to his lips and pretends to play. "It's something that's used a lot now. It is disappointing, but sometimes no one bothers to look for a live bugler. It's a matter of convenience." Villanueva said. While brainstorming the fake bugler problem they hit on the idea of elevating Taps to an official national song. Hampton said Rep. John Hall (D-NY), has been working with them to frame legislation. According to Villanueva, the earliest official reference to Taps for a military funeral is found in Army regulations from 1891. But he says it was doubtlessly used unofficially long before then, though still called 'Extinguish Lights'. Later still officials from other countries came up with their own versions of Taps, some sounding very much like the Army's. A French general wrote 'Aux Morts' ('To the Dead') --- after hearing Taps, Villanueva said; it sounds much like Taps and has the same number of notes. The Germans came up with a solo trumpet call later, as did the Italians. The British wrote and adopted "The Last Post" ; after "Taps" became known, and that song is now played by all Commonwealth countries for its fallen troops and veterans, Villanueva said. As part of their efforts to raise awareness of "Taps," the two have set up an online petition and hope to get as many names in support as possible. They're also producing a CD that will include 'Extinguish Lights,' Taps, and other tunes that were inspired by Taps. [Source: Military.com article 23 Feb 2010 ++]

HONOR FLIGHT NETWORK UPDATE: Myrtle Beach organizer Bert Cassels announced 25 FEB that a flight to the National WWII Memorial in Washington D.C. has been scheduled for 10 NOV. Columbia-based Honor Flight South Carolina is working with Cassels to fly WWII veterans for a no charge day-trip to Washington, D.C. Cassels said, "This is a way to honor local veterans. A lot have not been to Washington, D.C., or seen the memorial they fought for or built." The Honor Flight Grand Strand/Myrtle Beach is the fourth region in South Carolina to be added to the national program. Flights have left from Columbia, Charleston and Kershaw, officials said. Cassels, who will be a guardian on the Columbia flight in April, said some of the vets may be in wheelchairs or disabled and need help traveling. To help with Myrtle Beach's fundraising efforts, Honor Flight South Carolina has split a \$10,000 donation from Verizon Wireless with the Grand Strand/Myrtle Beach chapter.

Fund raising efforts began in December for Honor Flight Southwest Minnesota. The first flight to

Washington DC will be in the Spring of this year. It is anticipated that 110 to 120 WWII veterans and 50-60 guardians will fly on a chartered 737 for the two-day trip. Throughout the four most southwestern counties of Minnesota, fund raisers are being conducted in an attempt to raise \$136,000 to help provide a two-day trip at no charge to the vets for World War II Veterans who might wish to make a trip to Washington, D.C. to visit the World War II Memorial and the Korean War Memorial. The contingent would also attend ceremonies at Arlington National Cemetery.

Honor Flight works on trips for World War II veterans who want to visit their national memorial in Washington, D.C., but don't have the means to get there. Each trip costs about \$60,000, which covers the chartered flight, meals and a tour bus for veterans. About 100 people go on each flight. The trips are funded through donations and guardians, who pay \$500 to go and assist vets on the trips. For more information about the Myrtle Beach Honor Flight, contact Bert Cassels at (843) 957-8212. For more information or to participate in Honor Flight Southwest Minnesota, call (507) 220-0848. For further information on the Honor Flight Network program, call (937) 521-2400 or go to www.honorflight.org. [Source: SunNews.com Janelle Frost article 24 Feb 2010 ++]

Women on Submarines?

The Pentagon has moved to lift a decades-old policy that prohibits women from serving aboard Navy submarines, part of a gradual reconsideration of women's roles in a military fighting two wars whose front lines can be anywhere.

At issue is the end of a policy that kept women from serving aboard the last type of ship off-limits to them. The thinking was that the close quarters aboard subs would make coed service difficult to manage.

Defense Secretary Robert Gates notified Congress in a letter signed Friday that the Navy intends to repeal the ban on women sailors on subs. Congress has 30 days to weigh in.

"He supports the Navy's efforts to change their policy," Pentagon press secretary Geoff Morrell said Tuesday.

A defense official told The Associated Press that numerous physical changes to submarines would have to be made, but that cadets who graduate from the Naval Academy this year could be among the first Navy women to take submarine posts.

The change was first reported by ABC News.

The official spoke on condition of anonymity because Congress has not yet had a chance to consider the Navy's recommendations.

The Navy's plan would phase in women's service, beginning with officers aboard the larger subs that are easier to retrofit for coed quarters. Women would never serve solo.

Because of the length of time required for training, it would be more than a year before the first women joined subs, assuming Congress raises no major objections that slow the schedule.

Women began serving aboard the Navy's surface ships in 1993.

Since then, many of the distinctions between who is in combat and who is not have been erased.

Women are formally banned from combat posts in the Army, for instance, but routinely serve in jobs such as medics, pilots and drivers that place them shoulder to shoulder with men serving in "combat" jobs.

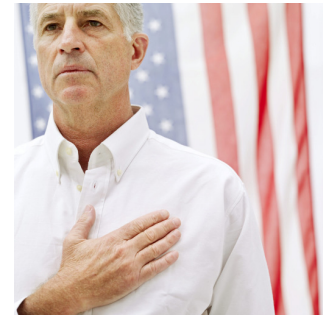
Army Chief of Staff Gen. George Casey told Congress on Tuesday that he supports a reconsideration of women's combat roles.

"I believe it's time that we take a look at what women are actually doing in Iraq and Afghanistan. And then we take a look at our policies," Casey told the Senate Armed Services Committee. While no organized effort is under way, "I think it's time," he added.



FLAG FACTS

By Moe(SS)



Flag Facts

By E. Dale Moses

I have taught Flag Etiquette for years back in Missouri and have several thousand kids (many that have already graduated high school) that can tell you how to display it properly. It might be one of my “pet-peeves”, so I decided to put some info in the Piedmont Periscope to share with you. I’ll present this in a Question and Answer format. So send your questions to donutdad@carolina.rr.com and we’ll try to answer them. Here are some of the typical questions.

Q: When the flag is not flown from a staff, how should it be displayed?

A: It should be displayed vertically, whether indoors or out and suspended so that its folds fall free as though the flag were staffed. The stripes may be displayed either horizontally or vertically against a wall, the union should be uppermost and to the flag's own right; that is, to the observer's left. When displayed in a window of a home or a place of business, the flag should be displayed in the same way; that is, with the union or blue field to the left of the observer in the street.

This question also brings up additional questions, like when a flag is flown from the center of an auditorium or in a store like Wal-mart? Usually you’ll see it hung vertically, but if you are on one side of the flag the union might be on the right and on the other side it’s on the left. The correct way is to display it with the union pointing to the East or to the North. I have been several Wal-marts and have had them correct them. It depends if you find the right manager.

Most of the time we see the flag on a speaker’s stand or near the stand. In this case, the flag should be a the right-hand of the speaker, while all other flags should be on the left of the speaker in the order of their importance, i.e. state, city, etc...I love this one in the movies and TV. Many Hollywood courtrooms have the flag on the judge’s left.

In some cases, the flag may be part of the audience. In this case, the flag is on the speakers left and other flags are on the right. This is seen in some churches, as in mine the flags are at the rear. I still have to talk to the Priest, because they are reversed.

There were 15 stars on the Flag that Francis Scott Key wrote about. Do you know how many stripes? I’ll answer that in a while, first another. Let’s say that one of our territories wanted statehood and they got it, when would the star be added to the Flag?

- a) there is no more room, so they would not get a star
- b) at the first of the year
- c) on the day they became a state
- d) 4th of July

Well, I use to ask my kids this same question when I presented my Flag Etiquette class in the classrooms. I usually got all a, b, and c until I asked them “when do you get an extra candle on your birthday cake?” then d would be shouted out. Being a smart a___, that I am, I would then ask if England had the 4th of July? They would say “NO” and then I’d ask them if the English calendar jumped from July 3rd to July 5th? Finally I’d get

Independence Day out of them.

Other questions I'd ask included:

- 1) Of the Flag gets dirty, can you wash it? – Yes, you can, just dry it on a rack or something that it is not in public view. My Flag would sometimes get blown up into the roof gutter in Kansas and require cleaning.
- 2) If the end of the Flag gets torn, can I sew it up? They say “NO”, and I'd say your right because I can't sew, but it can be sown.
- 3) Can a Flag be used to may clothing? - No! A Flag should start out as a Flag and end-up as ashes when it is disposed of properly. There is clothing that looks like a Flag, but it did not start out as a Flag.
- 4) If the Prince of Wales was to visit your school and you wanted to honor him by flying the Flag of Great Britain, how would you fly his Flag? I'd get various answers on this one from flying it above our Flag to flying it below. Once in a while I'd get the correct answer from one, and then have to explain. You'd have to install a second pole and fly their Flag at the same height as ours. You see, in America, we treat all Men as created equal, so to be equal we would want the Flags at the same height showing that we are no better, nor no lesser than them, we are equal.

Okay, there were 15 stars and 15 stripes on the Fort McHenry Flag, better known as the Star-Spangled Banner Flag. The kids often asked way we did not keep that tradition of a star and stripe for each state, then I'd make them think again and ask, how big do you think it would be?

Q: When are some other times that the Flag flown at Half-staff?

A: Other times that the Flag is flown at half-staff include May 15th, Peace Officer Memorial Day; September 11th, Patriot's Day; and lately, December 7th, Pearl Harbor Day. Per the Flag Code, the Governor of the State or Territory should only display the Flag at half-staff by order of the President of the United States. Many times you see this rule is “violated” by our local governments or by local fire stations, etc. I often question these if given the chance and point the Flag Code instructions out to the displayers. Most of the time you would be correct if you follow the Post Office, but I have seen them honor a local carrier or the Post Master General's orders. If in doubt, check on-line for Presidential Executive Orders. The President will issue one if he declares the Flag at half-staff.

Times at which the President will order the Flag at half-staff are: 30 days from the death of the President or a former President; 10 days from the day of death of the Vice President, the Chief Justice or a retired Chief Justice of the United States, or the Speaker of the House of Representatives; from the day of death until interment of an Associate Justice of the Supreme Court, a Secretary of an executive or military department, a former Vice President, or the Governor of a State, territory, or possession; and on the day of death and the following day for a Member of Congress.

When placing the Flag at half-staff, the Flag should always be raised briskly to full staff, then lowered slowly to half-staff. When retired for the evening (i.e. not illuminated) the half-staff Flag should be raised briskly to full staff, then lowered slowly. This practice of raising the Flag briskly and lower it slowly always applies. The raising of it slowly as in the Olympic ceremonies is not correct along with some other things our athletes do with the colors, which we'll discuss in the future.

Q: I have a “porch” Flag that I can only display at a 45-degree angle. How do I display it at “half-staff”?

A: This type of Flag, along with those on a floor standard, that cannot be lowered due to physical restrictions or that it will touch the ground, should be considered at half-staff if a thin black banner or ribbon the length of the Flag, is displayed from the top of the Flag. This represents the Flag being at half-staff.

Don't Forget – the next meeting is March 27th at the Fort Mill VFW Post – Carry-in dinner followed by meeting.



Vietnam Veterans



Welcome Home Celebration

This long overdue celebration will be held on April 24, 2010 in Rock Hill, SC at District 3 Stadium located at 122 S. Cherry Road. The celebration will reflect the community's sense of patriotism and gratitude to our Vietnam Veterans. In addition to a Welcome Home Ceremony, there will be a POW/MIA Ceremony, a Massing of the Colors as well as music, concessions and other activities. Gates open at 8:00am and ceremonies began at 9:30am. Admission is free.

Vietnam Veterans of all branches of service are welcome and are requested, but not required to pre-register. For more information, please contact the SCARNG 178th Engineering Battalion Family Readiness Group at 803.417.8600 or email: rhfrg@truvista.net.

Carolina Piedmont SubVettes



Hello Sassy Sisters,

Hope your month is going your way. Our meal at the next meeting is another “this and that”. Please have the recipe available if you willing to share it.

The service project for March is to mail Easter Cards and/or candy for any Sailor and thank them for their service.

Take care Dear Friends, hope see you all at the March meeting. – Sandra Myers, President

Got some new hot news. Got info for the USO. We have to fill out application due to security. They have a wish list for us also. I'll bring the application and the wish list to the next meeting, but if you need more info just contact me. Thank You so much for doing this, it is much appreciated. - Sandra



SOUTHWESTERN CHICKEN & CHILI SOUP

Serve this sunny soup with warm blue-corn tortillas, which are indigenous to the Southwest.

You'll Need:

- 2 cups chicken broth, canned or homemade
- 1 cup water
- 1 can (19 ounces) pinto beans, rinsed and drained
- 1 cup canned crushed tomatoes
- 2 tablespoons canned chopped mild green chilies
- 2 cloves garlic, finely chopped
- 1 teaspoon ground cumin
- 3/4 pound skinless, boneless chicken breasts, cut into 1/2-inch cubes
- 1/2 cup shredded Monterey jack cheese (2 ounces)
- 1/4 cup chopped cilantro



Directions:

1. In large saucepan, stir together broth, water, pinto beans, tomatoes, chilies, garlic, and cumin. Cover and bring to a boil over high heat.
2. Add chicken to saucepan, reduce heat to medium-low, and simmer 5 to 7 minutes, or until chicken is cooked through.
3. Ladle soup into bowls, top each with 2 tablespoons of cheese and 1 tablespoon of cilantro, and serve.

Nutritional Information

Per serving: 265 calories, 9g total fat, 3.9g saturated fat, 2.9g monounsaturated fat, 1.3g polyunsaturated fat, 5g dietary fiber, 28g protein, 17g carbohydrate, 66mg cholesterol, 971mg sodium.



Field Day!

(Ladies, ask your Boat Sailor to tell you about field day)

Lemons or lemon juice – It removes lime scale, cleans windows and mirrors, polishes copper or brass and

removes sweat stains. Because the pH of lemons is so high, it can kill most household bacteria while leaving a fresh scent.

Baking soda – Because of its basic(high pH) nature, baking soda works well as a water softener and can easily break down proteins. Baking soda also works well as a deodorizer and neutralizes strong odors.

Borax or boric acid - Borax is best known as an alternative to bleach. However, this natural cleaning product also cleans, deodorizes, disinfects, softens water and renews painted and wallpapered walls.

White vinegar - is best used to cut grease, clean wood floors, removes mildew, deodorizes and cleans wax build-up. Vinegar is weakly acidic and cuts through grease and germs found on countertops while inhibiting bacteria and mold. The following are some “green recipes” for you to try at home:

Creamy soft scrubber: Simply pour about 1/2 cup of baking soda into a bowl, and add enough liquid detergent to make a texture like frosting. Scoop the mixture onto a sponge, and wash the surface. This is the perfect recipe for cleaning the bathtub because it rinses easily and doesn't leave grit.

Window cleaner: Mix together 1/4-1/2 teaspoon liquid detergent, 3 tablespoons use as you would a commercial brand. The soap in this recipe is important. It cuts the wax residue from the commercial brands you might have used in the past.

Oven cleaner: You will need 1 cup or more baking soda, water and a squirt or two of liquid detergent. Sprinkle water generously over the bottom of the oven, then cover the grime with enough baking soda that the surface is totally white. Sprinkle some more water over the top. Let the mixture set overnight. You can easily wipe up the grease the next morning because the grime will have loosened. When you have cleaned up the worst of the mess, dab a bit of liquid detergent or soap on a sponge and wash the remaining residue from the oven.



Fluted Egg Cups

You'll Need:

- 6 slices whole-wheat bread
- 1 t olive oil
- 1/3 c chopped scallions
- 1 T chopped fresh basil
- 1 T chopped fresh Italian parsley
- 8 egg whites, lightly beaten
- 1/3 c reduced-fat shredded Cheddar cheese
- 1 T grated Parmesan cheese
- ½ t paprika
- Salt and ground black pepper

Directions:

Thin slices of whole-wheat bread create a healthy new way to enjoy scrambled eggs—in a bread cup. Scrambled cholesterol-free egg whites are placed in the cups, then run under the broiler. Delicious!

Preheat the oven to 350°F.

With a rolling pin, slightly flatten the bread slices. Using a 3” round cookie cutter, cut 12 bread circles. Coat a 12-cup min-muffin pan with nonstick spray and line each cup with a bread round. Bake for 15 to 20 minutes, or until the edges are golden.

Warm the oil in a large nonstick skillet over medium heat. Add the scallions, basil, and parsley; cook for 1 to 2 minutes, or until the scallions are softened. Add the egg whites. Season with the salt and pepper. Cook, stirring with a wooden spoon, for 1 to 2 minutes, or until almost set. Add the Cheddar and cook until the cheese has melted and the eggs are set.

Preheat the broiler.

Spoon 1 tablespoon of the egg mixture into each bread cup and top evenly with the Parmesan and paprika. Broil 4” from the heat for 1 to 2 minutes, or until hot and lightly browned.





Carolina Piedmont Base Calendar of Upcoming Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17 	18	19	20
21	22	23	24	25	26	27 CP BASE Meeting 
28 Palm Sunday	29	30	31	April 1 April Fool's 	2 Good Friday	3
4  Easter	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Columbia Massing of the Colors 	19	20	21	22	23	24 Rockhill Massing of the Colors CP BASE Meeting 
25	26	27	28	29	30	May 1 May Day! May Day!