

# Piedmont Periscope



**Piedmont Periscope** 

January 2013

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#### **USSVI Creed**

To perpetuate the memory of our shipmates who gave their lives in the pursuit of duties while serving their country. That their dedication, deeds, and supreme sacrifice be a constant source of motivation toward greater accomplishments. Pledge loyalty and patriotism to the United States of America and its Constitution.

#### Halfway Night III is in the works

Bilge Rat Productions is winding down Halfway Night II with a show on January 19th at Terrance Ridge Assisted Living in Gastonia and show on February 16 at the Salisbury VA Nursing Facility.

The Group has a rough draft of the next show which they will premier the complete show during a Saturday Matinee at Burnsville in May.

What the group could use is some more people who would like to be "extras" in the cast or "underststudies" for cast members. We can always use musicians.

As far as money for props, I have a budget. I treat the making of the



#### **Lost Boats for January**

"Sailors, rest your oars"

props as a hobby. But, the budget ran out and a little over. Still needed are two cans of grey primer, and two pieces of about 1 1/4 O.D. thin wall (if possible) PCV pipe about 30 inches in length. Now, they are doing some home construction in the subdivision next to mine, so I have not been dumpsterdiving yet, nor am I to proud to do so. I grew up on a farm and nothing went to waste.

We always can use old luggage. This time, large suitcases since the wheels on the "motorcycles are about 22 inches in diameter.

I am pretty good at using parts from one thing to make something for a prop. So before you

USS S 36 (SS 141)

USS S 26 (SS 131)

USS ARGONAUT (SS 166)

USS SCORPION (SS 278)

USS SWORDFISH (SS 193)

haul it to the curb, call me. There might be a wheel or gear, or whatever I could use. I'll pick it up, strip it, and dispose of what I don't think I can use. I'll probably end up with an attic full of junk, but that's the kid's problem.

Anyway we are not looking for cash! Just those few items. If you have a half a can of primer in you garage that been sitting there for a year, bring it to the next meeting. A chunk of PCV pipe, old suitcases, old wigs, 60's looking clothing, etc.; bring to the next meeting.

Make the Bilge Rats Happy. Remember Happy Rats don't Bite.— Moe(SS)

January 20, 1942

January 24, 1942

January 10, 1943

**January 5, 1944** 

January 12, 1945

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#### CO's Stateroom— Carolina Piedmont Base Commander Steve Bell



HAPPY NEW YEAR to all of the Carolina Piedmont Base members and their families. I sure hope that 2013 will be a healthy and prosperous year for each of year. I hope that each of you had a good Holiday season. Since I have not heard anything bad, I assume that we all made it through the end of the year safely.

Now it is time to look forward to 2013. The Bilge Rat Productions have a couple more acts with the current program. Dale, as usual, has come up with a new program that plans to show the first act at our Burnsville event this May. It should be interesting.

Speaking of Burnsville, final planning will be completed sometime next month and we will be on the move for another year in the mountains. You should plan to attend; it has the possibility of being very interesting, as usual. Most importantly, it is a time we do a ceremony for the lost submarines of World War II. Not to mention the enjoyable time.

Our meeting this month is back to the fourth Saturday (and will be until November) at the VFW in Ft Mill. We will be having six of our members being inducted into the Holland Club (if all can make it to the meeting) during that meeting. We will also be giving out the annual longevity awards for those hitting the various five year point in their membership with USSVI.

Please come out and give this part of our membership the recognition they deserve. I will report to you that generally speaking, National has been reasonably quiet. That does not mean they are sleeping, but the efforts do not have significant impact on the overall general membership. They have appointed a Chairman for the Base Commanders Group (Bill Andrea) and they have voted down a proposal to include the CSS Hunley as one of our lost boat for the Tolling of the Boats. But stay tuned, I am sure I will get things to report from that part of our organization over the months.

This year is an election year for our Base Officers. Nominations should be opening this month. Please keep in mind that the reason any organization keeps its wheels moving is because of those that will stand up and help direct that organization. So if you are interested in one of our four elected positions, please stand up and be counted. Competition is just fine (as long as we don't have the typical political back stabbing). Nominations will close, I believe, at the end of March and our election will be completed at our April meeting. Voting will be accomplished via e-mail to the Election Master with the results announced at the April meeting. All the officers will be sworn in to their position, be old or new, at the Burnsville event. Also, 2013 is the year that District Commanders are elected. It too will be conducted via email. Details on that will be forthcoming.

#### **Carolina Piedmont Contacts**

Base Commander	Steve Bell	usnret82@carolina.rr.com	704 824 3510
Vice Commander	Jack Jeffries	jcckjeffries@interlink-café.com	704 - 764 - 5211
Base Secretary	Mike Hubbell	Mleohub@aol.com	803-628-1908
Base Treasurer	Lee Hickerson	ssnret@carolina.rr.com	704-573-9480
Chief of the Base	Paul Myers	holltkids@aol.com	704-28904650
Base Chaplin	Raymond Fritz	raysabode@bellsouth.net	803 831 7235
Base Storekeeper	Jeff Nieberding	jan7334@comporium.net	803-366-9255
Holland Club	Walt Sealy	walt_sealy@yahoo.com	803-327-5661
Coordinator	·	-	
Newsletter Editor	E. Dale Moses	ppeditor@carolina.rr.com	704-248-7610

But I do ask that each of you participate, at least by voting, in both of those elections. It is always nice to know, as an elected official, that you had a fair amount of support, even if you are the only one running for that position.

Parades will be starting up in March with the St Patrick's Day Parade in Charlotte (March 16) followed by the same at Nags Head (March 17). The on April 13 the Azalea Festival Parade in Wilmington. It is

always nice to have a good showing from our base.

And do not forget about the Regional Convention to be held in Charleston, SC in April (7-11). That one is close and a good chance for old Charleston Sailors to visit some of your old Navy stomping grounds. We do need to get registrations in for that event soon and hotel reservations need to made to very early March. So if you plan to attend, please get

your necessary registrations made.

We will also be having some of our normal Kap (SS) 4 Kid(SS) events coming up, Stay tuned for those announcements. And we are trying to get lined up to do more Submarine Lectures at schools around the area. All of these are great events to be involved with. If you can participate, I recommend that you take advantage of that opportunity. Each is self rewarding.

Again, Happy New Year and let's see if we can make this even a better year for Carolina Piedmont Base than we have had in the past (not that any of those have been bad). Always looking for improvement. See you at our meetings.— Steve

## <u>The Supply Shack-</u> Jeff Nieberding

Carolina Piedmont
Jackets are still available
to order, several members have ordered theirs
already. USSVI
vests are also available
to order thru the SK.

Patches, the SK is now able to order patches from BC Patch LLC at wholesale prices. This is usually \$2 - \$3 less per patch than we normally see. Let the SK know what you need.

Flag Trivia—Where did this Flag fly in our Nation's history? See Page 17



#### XO's Stateroom — Vice Commander Jack Jeffries



Carolina Piedmont Rocks- It is my wish for my Brothers of the Phin to have a more prosperous 2013 than 2012, we as a base haven't been too busy this period so this will be short and sweet. We have 2 new members from the December meeting, Robert Love and Mike Ward, a warm welcome to them. We were scheduled to make a K4K presentation at the Levine Children's Hospital that we had to cancel due to the flu epidemic. We will

be scheduling it at the end of the epidemic period. Let me put on my membership cap- as of now we have only a few who have not sent in dues, if we don't receive dues in time to get it to Washington state by 31 Jan National will DROP THEM FROM THE ROSTER, if you are one of the 3 or 4 in this category, please contact me. We have a half way night presentation coming up the 19th of this month. These are really enjoyed by the residents as well as the members in the cast, Moe is in the process of writing a new script as well as making the props for the show, Please feel free to get into the productions all hands are welcome and your help is

needed. We made a presentation of the Submariner story at Cuthberson High School in Waxhaw NC it was well received and we have more in the upcoming months. I will be putting out more info as we receive the dates. We also have Base elections coming up so keep in mind that any and all nominations are welcome for the elected positions of the Base. I will be putting out information on this as it comes to me. Smooth Sailing and Following Seas to each and every member -Jack

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#### Machinery One — Mike Hubbell, Base Secretary

## Carolina-Piedmont Base Minutes For December 15th, 2012



#### -Call Meeting to Order

1800hrs. the meeting was called to order by Base Commander Steve Bell.

#### -Invocation

The Invocation was given by Base Chaplin Ray Fritz..

#### - Pledge of Allegiance

The Pledge of Allegiance was led by Steve Bell.

#### - Tolling of the Boats

The Tolling of the Boats was presentenced by Ray Fritz and Jack Jefferies.

#### -Next Meeting

Steve Bell announced that the next scheduled meeting will be held on January 26th, 2013.

#### -Motion to Adjourn

The regular meeting of the Carolina-Piedmont Base was adjourned by base Commander Steve Bell. Members and their guest commenced the Annual Christmas Party.

Respectfully Submitted
Michael Hubbell
Base Secretary

#### From the COB - Paul Myers



Hello Fellow Shipmates,

I hope you and all of yours had a joyous Christmas and are having a Happy New Year. Sandra and I have been traveling and I think retirement is finally agreeing with me. We will not be at the January meeting but I will be seeing former shipmates when I was on the Bluefish SSN675 and John C Calhoun SSBN 630 as you can see I am never far from my submariner shipmates.

I will be going to my Niece's classroom in Tennessee and do a presentation on the submarine force.

You all take care shipmates, and fair winds and following seas.—Paul





## New members

## Welcome Aboard

Robert Love— Robert was a MM3(SS) and now serves in the SC Guard and lives in Chester, SC. Robert earned his Dolphins about SSN-750, the USS Newport News.

Mike Ward— Mike retired as a MMCM(SS) and lives in Charlotte with his wife Titiana. Mike qualified in 1989 aboard a great boat, the USS Will Rogers SSBN659 (same as Moe(SS) did in '74))

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#### Chaplain's Corner - Ray Fritz, National Chaplain





The note says: "Happy New Year to all the Submariners: A very special Brotherhood!"

Happy New Year everyone!

May God bless you from the bottom of your feet to the top of your head in 2013! May you experience good health, joy and peace and a measure of prosperity.

The New Year, New Beginnings, New Resolutions, New, new, new.



We rented a Candy Stripe Jeep for a couple of days when we arrived in Hawaii because our car had not arrived yet.

#### A NEW YEAR'S EVE TO REMEMBER

There is one New Year's Eve that Diana and I will never forget. In 1963-64 I was part of the USS Ulysses S. Grant SSBN-631 Commissioning Blue Crew. After sea trials off New London, CT, the Gold Crew took her to sea, through the Panama Canal, and eventually into the waters of the South China Sea off Vietnam. Diana and I traveled across the USA in December taking the Northern route – not really smart but we made it to San Francisco just missing storms while traveling over Donner Pass. We then flew to Hawaii arriving just before New Year's Eve.



Diana with our oldest son

We found an apartment hotel on Tusitala Avenue about two blocks from Waikiki beach and Fort Derussi where Diana spent time while I was at sea. It was a good place to go away from the tourist crowd on Waikiki. Having grown up in rural western upstate New York, where fireworks were not legal, what we experienced on New Year's Eve was different, exciting, and unexpected.

As midnight arrived (we used to stay up that late) we heard a, increasing in volume, rumble all around. We realized that it was fireworks being set off around the island. The horizon was aglow with sparkling light and the night was filled with the boom, boom, boom of the exploding fireworks. This went on for most of the night and in the morning the streets were littered with the remains of all the fireworks.

We decided that they knew how to celebrate New Year's Eve! With that our time in Hawaii began.

A New Year is an important time. People make resolutions that, unfortunately, are often forgotten in a few days or a couple of weeks. New beginnings or what I call 'Restarts' are good. We all need to regroup at

times and re-evaluate where we are headed. It is true that if you are headed 'nowhere' you will more than likely get there! The New Year is a great time to re-evaluate your spiritual life. You all have one even though some may deny its existence. Regardless of the popular press, you will stand before a Holy and Righteous God someday to give an account. What will you say then? "I don't believe in You." Or "I did it my way." Friends, that won't cut it. Here is another approach...



When a person hears the message of salvation (John 3:14-21, Romans 3:21-23, Romans 6:20-23, Romans 10:8-13) and responds, he or she become Christ fol-

To contact for
Your Chaplain
needs —
Chaplain Ray at
raysabode@
bellsouth.net

lowers. To them Jesus promises a NEW Birth and a NEW and LIVING hope.



## A NEW and LIVING Hope

1 Peter 1:3 Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead. (NIV) With this **NEW** birth a person receives a NEW Hope for the Future. That does not mean circumstances miraculously become better, you win the lottery, or life just becomes a "cake walk." In reality, life may become unsettling but you will find, as the Holy Spirit fills your life, that you really do have a NEW hope for the future – a different outlook on your situation in Christ. Jeremiah 29:11 For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. (NIV) God has plans for me! Wow! Let that sink in to

your thinking. As a Christ follower God has good plans for you. I don't mean that you won't have any of the problems and difficulties that other people have. I mean that you will have victory over them as you surrender them to God for His keeping and care. He wants you to prosper, maybe financially but I believe it is a different kind of prosperity, one that is lasting and eternal.



## A NEW Creation 2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. (NKJV) One of the most amazing things is that, as a Christ Follower a person becomes a NEW Creation. Whoa, I could use a facelift. Maybe a new body! Naaa. I don't think that is what it means. However, you will find that the things you used to like to do

that were not so good; the desire to do them diminishes or disappears! I don't mean you won't be tempted but you see those things in a different light and with light shining on them they don't look so good. Your language gradually changes. I could go on but you get the picture. You just change! (Not perfect, just changed... so don't get arrogant or proud. You are still a sinner. The difference is that you are just one that has been saved by grace!)



Forget the Past Philippians 3:13-14 Brothers and sisters. I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. (NIV) Paul says in verse 13 that he hasn't arrived

yet. He still has a ways to do.

We enjoyed our stay in Hawaii but we don't live there anymore. We still have some of the clothes we wore in Hawaii. Beside the fact they don't fit anymore [someone said they shrink while hanging in the closet] they also don't fit where we now live.



In the same way the 'filthy rags' of our past life are in the past. In Christ, we don't live there anymore. It is important to forget the past... when we came to Christ He forgave us our sins and has cast them into the sea of His forgetfulness never to be remembered again! From time-to-time we may need to remember from where we came **but** we don't need to stay there. Have a wonderful and exciting **NEW** Year!





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Mike Toomey—Knee replacement

Jim Schenk
Kathy Boone
Dee Rutter



## January

Bill Widell 1/01
Donald W. Eggleston 1/03
Gary Mitchell 1/26
Perry Blake 1/30



"A man only learns in two ways, one by reading, and the other by association with smarter people. " - Will Rogers



### **January**

Carolyn and Charles Cross 1/1
Mickie and Jay Wellwood 1/4
Barbara and Jim George 1/9
Anna and Joel Tuchfeld - 1/18
Marlene and Gary Mitchell 1/26



#### SubVettes—President Sandra Myers

Hello Sassy Sisters, Hope all of you had great holidays and enjoved the season of Christmas and New Years with family and friends. Paul and I have been busy too, and by the way retirement life is great. I am sorry to say we will not be at the January meeting due to going on a cruise with Paul's sister. I know you are feeling our pain. The meal for this month is another "this and that" hopefully the secret sister forms will be ready to fill out and exchange to begin in February. Speaking of February would you like to do the Italian and chocolate dessert meal for Valentine's Day?

I found 2 new service

projects. #1 I am waiting for addresses from the ladies from the USS NORTH CAROLINA for us to be pen pals with them I thought this would be great fun for all in-

volved since we do have this in common. And # 2 I think it would be great to send maybe 5 packages of premium coffee, or I can go to Costco and just get 2 or

3 i.e. Starbucks to the troops; I found this in a magazine I get What do you ladies think? Take care my Sassy Sisters and hope to see you soon. Love Sandra



#### A SUBVETTES SERVICE PROJECT THAT YOU CAN HELP

Here is a simple service project that the SubVettes have been working on that the men and women can work on together while your watching those re-runs on these colder winter days.

They are clipping coupons to send overseas to the commissary in Japan. There are just a few simple rules to follow and you'll be helping some service wife overseas save some money; and we all remember they every dime we saved while we served was very useful.

Here's what you need to do:

- 1) Cut out the coupons (they can be up to six months passed the expiration date and still be accepted)
- 2) Separate the coupons into "Food" and "Non-Food" piles
- 3) Total the dollar amount of the pile of coupons and write in on an envelope along with the type for example: Non-food—\$74.35 or Food—\$125.50
- 4) Give the envelopes to one of the SubVettes at one of the meetings or have one of the members bring them to the meeting.

So simple even a Mess Cook his first day on board could do it! And it could mean that some Sailor's family eats pork chops instead of Hamburger Helper an extra night of the week. Now I'm not quite sure, but I think any band-aids used because of paper cuts are a tax deduction, but you'd have to check with your tax guy for sure. Maybe getting your scissors sharpened might be deductable also, I don't know, I making this up as I go along here. But anyway, it's a very worthwhile project. My Colleen, has been doing it for months and enjoys it. I know she remembers stretching those pennies back in the day. I was so poor, I could hard pay attention! - Moe(SS) and Colleen







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VETERANS NEWS
by the RAQ Bulletin

Deadline for
the next issue
of the
Piedmont
Periscope
will be
February 14th.
Please have all
items to
Moe(SS) at
ppeditor@
carolina.rr.com
by then.

#### Your Veteran News From the RAQ Bulletin

## Tax Burden for South Carolina Retirees:

Many people planning to retire use the presence or absence of a state income tax as a litmus test for a retirement destination. This is a serious miscalculation since higher sales and property taxes can more than offset the lack of a state income tax. The lack of a state income tax doesn't necessarily ensure a low total tax burden. States raise revenue in many ways including sales taxes, excise taxes, license taxes, income taxes, intangible taxes, property taxes, estate taxes and inheritance taxes. Depending on where you live, you may end up paying all of them or just a few. Following are the taxes you can expect to pay if you retire in South Carolina: **Sales Taxes State Sales Tax: 6%** (prescription drugs and unprepared food items exempt); 25 counties impose an additional 1% local option sales tax; a number of counties impose a 2% sales tax. Seniors 85 and older pay 5%. **Gasoline Tax:** 16.8 cents/gallon Diesel Fuel Tax: 16.8 cents/gallon Cigarette Tax: 57 cents/

pack of 20

**Personal Income Taxes** Tax Rate Range: Low – 3.0%; High -7%; No tax on the first \$2,630 of taxable income in tax year 2007. Income Brackets: Six. Lowest -\$2,740; Highest – \$13,701 **Personal Ex**emptions: Single -\$3,700; Married -\$7,400; Dependents – \$3,700 (State allows personal exemption or standard deductions as provided in the Internal Revenue Code). Standard Deduction: Single - \$5,700; Married filing jointly - \$11,400 **Medi**cal/Dental Deduction: Federal amount Federal **Income Tax Deduction:** None Retirement Income Taxes: Retirement income is taxed. Social Security is exempt. Under age 65, \$3,000 in pension income is exempt. If you are 65 or older you may exempt \$15,000 of retirement income. You can take this deduction for income received from any qualified retirement plan. If both spouses receive retirement income, each spouse is entitled to an individual deduction. The \$15,000 deduction must be offset by any other retirement deduction that is claimed. A surviving spouse may

continue to take a retirement deduction on behalf of the deceased spouse. Some taxpayers age 65 and older may not have to file a tax return if they meet certain conditions. For more information refer to http:// www.sctax.org/ Tax+Information/ Individual+Income+Tax/ IIT FAQs.htm#Retirees. **Retired Military Pay:** Retirees with 20 or more years of active duty can deduct up to \$3,000 annually until age 65 and up to \$10,000 per year after age 65. This deduction extends to the surviving spouse. Pension or retirement income received for time served in the National Guard or Reserve components is not taxable. Survivor benefits are taxed following federal tax rules. Military Disability Retired Pav: Retirees who entered the military before Sept. 24, 1975, and members receiving disability retirements based on combat injuries or who could receive disability payments from the VA are covered by laws giving disability broad exemption from federal income tax. Most military retired pay based on service-related disabilities also is free

from federal income tax, but there is no guarantee of total protection. VA Disability Dependency and Indemnity Compensation: VA benefits are not taxable because they generally are for disabilities and are not subject to federal or state taxes.

Military SBP/SSBP/ RCSBP/RSFPP: Generally subject to state taxes for those states with income tax. Check with state department of revenue office.

#### **Property Taxes**

Property tax is assessed and collected by local governments. Both real and personal property are subject to tax. The market value of a legal residence and up to 5 acres of surrounding land is assessed at 4%. For homeowners 65 and older, the state's homestead exemption allows the first \$50,000 of their property's fair market value to be exempt from local property taxes. South Carolina imposes a casual excise tax of 5% on the fair market value of all motor vehicles. motorcycles, boats, motors and airplanes transferred between individuals. For more information refer to http:// www.sctax.org/NR/ rdonlyres/697481DB-

B8B7-4FF2-93E0-3DC59231B700/0/ HomeownersGuideto-PropertyTaxes.pdf Inheritance and Estate Taxes

There is no inheritance tax or estate tax... For further information, visit the South Carolina Department of Revenue site http:// www.sctax.org/ default.htm or call 800-763-1295. If you are planning to move to South Carolina, the link at http://www.sctax.org/ NR/ rdonlyres/97C756AC-940A-4400-B889-A2B1BD1E33C1/0/ MovingtoSC.pdf will provide you with some helpful information. [Source: http://

#### **Save Our Benefit:**

m Dec 2012 ++]

www.retirementliving.co

Commissary and exchange benefits continue to be the target for budget cutters. Repeated attacks on the military resale benefit threaten to eliminate the taxpayer subsidy for commissaries, consolidate the commissary and exchange systems, and raise prices. Some members of Congress propose giving active duty service

members a \$400 cash allowance in lieu of the benefit - retirees. Medal of Honor winners, and survivors would get nothing. This would impact adversely on the millions of service members and their families who rely on commissaries and exchanges to stretch their household budgets. Under the present system the average military family of four can save \$7,000 a year. In remote and overseas locations, it is often the only affordable shopping opportunity available. In metropolitan areas, where prices are consistently higher, commissaries and exchanges help keep prices affordable. For some junior enlisted military families and fixed income retirees, savings are the difference between making ends meet and filing for public assistance. The commissary and exchange benefit continues to rank as one of the most important benefits for military families and is stronger today than ever. While the cost of other federal defense programs have doubled or even tripled in the past five years, the cost of commissary programs have remained constant and are a bargain for the taxpayer. However, if the taxpayer subsidy for commissaries and exchanges is elimi-

nated, to compensate for

the loss of funding, commissaries and exchanges would have to raise prices and cut services which could lead to a collapse of the military resale system. Military families and the Nation cannot afford for this to happen. The military resale system is too important of a benefit to lose. Last year it saved military families \$5.6 billion and contributed billions of dollars to the military communities they support. The military resale system also employs 100,000 working Americans, is the largest employer of military families in the world and the leading employer of veterans in the Nation. In MAR 2012 a coalition of military families, advocacy groups and American industry called Save Our Benefit formed to preserve shopping privileges on military bases. They applied for and were approved as a non-profit organization under the name 'The Coalition to Save our Military Shopping Benefits". Their mission is to preserve and strengthen a 150-year-old benefit that provides thousands of dollars in annual savings on household necessities. billions of dollars in added employment inPage 12 Piedmont Periscope

VETERANS NEWS by the RAQ Bulletin

Got a Story?
Sent it to
Moe(SS)
at
ppeditor
@
carolina.rr.com



come for military families and underwrites other billions of dollars in vital on-base community programs and facilities. Their purpose is to provide advocacy and support for military resale programs, which contribute more than a trillion dollars to our economy. Several misguided proposals put forth during the budget debate have called for radical restructuring and diminishment of these benefits under the false notion of saving taxpayer dollars. The Coalition aims to ensure that nothing happens to destroy these benefits and to educate key policy makers about the consequences of moving forward with these propos-

Touting the significant household savings that commissaries and exchanges bring to military families, the Coalition aims to take a series of measures to insulate from budget reductions what is considered the most efficient and effective benefit provided to military people. For example, over the past five years, costs of commissary programs have remained constant, while the cost of most other Defense programs has doubled and tripled. In

order to boost these savings even further, the Coalition aims to ensure that all eligible patrons know they can save 20 to 50 percent by using their benefit. As sales increase and a broader shopping base establishes, prices will be continually driven down, giving military patrons an even greater incentive to utilize their local commissaries and exchanges. The Coalition brings together military members, partner associations. business and community leaders, and the public to support the continued funding and operation of military commissaries and exchanges. They provide information on the operation of the resale system, improve business conditions, and serve as a focal point to address the mounting threats against this critical military benefit. You can join the Coalition at http:// saveourbenefit.org/ register.html to receive the latest news, alerts, best deals, promotional events and take action on timely issues that impact the availability of this benefit for all those who are serving our nation. There are no fees or obligations associated with

joining. [Source: http://

saveourbenefit.org Dec

2012 ++

Fiber: You have proba-

bly read lots of articles about the benefits of eating more fiber. But, why is fiber good for your health? Fiber is the part of plant-foods our body cannot break down. Dietary fiber helps to prevent and treat many disorders and diseases. Dietary fiber can help to prevent or treat obesity because it helps you feel full longer and does not add calories. There are two main categories of fiber: soluble and insoluble. **Soluble** fiber dissolves part way in water making a gel. That gel coats the colon and helps with carrying food through your body. Soluble fiber can help lower lowdensity lipoprotein, or "bad," cholesterol which prevents heart disease. It also helps to regulate blood sugar by slowing digestion so sugar enters your body slowly. This is helpful for diabetics. Foods high in soluble fiber include oat bran, fruits, vegetables, brown rice, nuts, flax seeds, legumes, and barley **Insoluble** fiber does not dissolve in water: therefore, it passes through our body unchanged.

This aids in keeping

your body "regular" by

creating bulk and helping to move food through the digestive tract. Insoluble fiber prevents diarrhea and constipation. It also lowers your chances of colon cancer, diverticular disease, hemorrhoids, and colitis. Foods high in insoluble fiber include skins of fruit and vegetables, as well as wheat, bran, whole grain breads, and cereals. Dietary recommendations are 21-25 grams daily for women and 30-38 grams daily for men. However, the majority of Americans consume only half of the recommended amount. The majority of foods have both kinds of fiber, but rarely in equal amounts. Do not be concerned about which type of fiber you are eating, and focus on the fiber intake. Selecting tasty foods that provide fiber is not difficult.

- Add an apple, banana, orange, or pear to every meal. Leave the skin on fruits and vegetables, because removing the skin decreases the fiber content
- Eat a variety of beans; for example, kidney, pinto, navy, garbanzo, or black-eyed peas. Replace your "white" foods with "brown" ones.
- Avoid white pasta and

breads. These are made with only part of the grain called the endosperm. The bran and germ (the rich vitamin and fiber containing outer lining of the grain) has been removed during processing. Instead choose "brown" products that list 100 percent whole wheat, rye, oats and bran as the first or second ingredient on your food label.

- For breakfast, choose a high-fiber breakfast cereal and choose cereals with "bran" or fiber in the name.
- Some high fiber snacks are fresh and dried fruit, raw vegetables, low-fat popcorn, and wholegrain crackers.
- Add pre-cut fresh or frozen vegetables to soups and sauces. For example, mix chopped frozen broccoli into your prepared spaghetti sauce.
- Add kidney beans to canned soup or a green salad.
- Another good idea for a meal is to make nachos with refried beans, fresh vegetables, whole-wheat tortilla chips, and salsa. High-fiber foods are good for your health, but adding too much fiber too quickly can cause intestinal gas, abdominal bloating, and cramping. Therefore, you will need to increase your water

intake as you increase your fiber intake. Drink at least eight glasses of water a day. Check with your health care provider if you feel you need fiber supplements. Whole foods rather than fiber supplements are generally better. To learn more, contact a VA Registered Dietitian at your local medical center. In Houston that would be MEDVAMC Dietetic Intern P. Kalyn Layton at 713-791-1414 ext. 3976, 4295, or 6166. [Source: VA Star | Vol 12 No. 1 | Jan/Feb 2013 issue ++]

**Mobilized Reserve 18 DEC 2012:** The Department of Defense announced the current number of reservists on active duty as of 18 OCT 2012. The net collective result is 910 fewer reservists mobilized than last reported in the 15 DEC 2012 RAO Bulletin. At any given time, services may activate some units and individuals while deactivating others, making it possible for these figures to either increase or decrease. The total number currently on active duty from the Army National Guard and Army Reserve is 40,732; Navy Reserve 5,098; Air National Guard and Air Force Reserve 8,020; Marine Corps Reserve 2,368; and the Coast Guard Reserve 647. This brings the total National Guard and Reserve personnel who have been activated to 56,865 including both units and individual augmentees. Since 911 there have been 807,531 reservists deactivated. A cumulative roster of all National Guard and Reserve personnel who are currently activated may be found online at http:// www.defense.gov/news/ MobilizationWeeklyReport121812.pdf. [Source: DoD News Release No. 994-12 dtd 19 Dec 2012 ++]

Vet Jobs Update 95: The US Chamber of Commerce, partnered with various other organizations, continues to sponsors veteran and spouse job fairs. If you want more information click on the website below for the city you want to know more about:

- 31 January Richmond Veteran Job Fair https:// events.recruitmilitary.com/ events/richmond-veteranjob-fair-january-31-2013#registration.
- 21 March Raleigh Veteran Job Fair https:// events.recruitmilitary.com/ events/raleigh-veteran-jobfair-march-21-2013#registration.

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#### Lost Boats— USS S-36 SS-141



USS S-36 (SS-141) was a S-class submarine in the United States Navy. Her keel was laid down on 10 December 1918 by the Bethlehem Shipbuilding Corporation of San Francisco, California. She was launched on 3 June 1919 sponsored by Miss Helen Russell, and commissioned on 4 April 1923 with Lieutenant Leon C. Alford in command.

Service history- Following trials, *S-36* operated along the West Coast with interruptions for exercises in Alaskan waters in June 1923 and for fleet maneuvers in the Caribbean Sea during the winter of 1924, until the following summer. Then assigned to the Asiatic Fleet, she moved west in mid-September and arrived at the Submarine Base, Cavite, Philippines, on 4 November.

Asiatic Fleet- For the next sixteen years, she remained in the western Pacific, conducting exercises and patrols and undergoing overhauls in the Philippines during the winter and operating off the China coast,

out of Tsingtao, during the summer months. With the increase of hostilities on the mainland, however, summer deployments were shortened and individual patrols were extended throughout the Philippines, into the South China Sea, and, in 1938, to the Netherlands East Indies. From April to June 1940, the S-boat conducted her last China deployment and for the

1940, the S-boat conducted her last China deployment and for the next year and a half remained in Philippine waters. By December 1941, the fleet had been alerted to the possibility of a Japanese attack. On 2 June, *S-36*'s scheduled overhaul was cancelled and she was ordered north on patrol.

Water, stores, and torpedoes were taken on; and, at 01:00 on 3 June, she got underway. By late afternoon, she was off Cape Bolinao, where she passed several Yangtze Patrol gunboats working their way to Manila. At 19:30, she entered Bolinao harbor, where she remained on continuous alert for the next week. On 8 December, she received the news that the Japanese had started hostilities.

World War II - A few

hours later, S-36 began sighting enemy planes; and, that afternoon, she took up patrol duties between Cape Bolinao and San Fernando. On 9 December excessive air leaks developed, but she remained on patrol. On 10 December, the crew listened to radio traffic as the Japanese bombed Cavite. After the raid, the submarine's radio operator was unable to raise the station. On 12 December, S-36's electrical steering failed. She was still unable to contact Cavite. Exhaust valve leaks appeared on 13 December, and, on 14 December, she received an urgent message requesting her position. None of her previous messages had gotten through. Two days later, she was ordered back to Mariveles, if able. She headed back, still unable to transmit and with worsening air and salt water leaks. Four days later, she anchored off Mariveles. Before the end of the month, repairs had been made; stores had been replenished, and the S-boat had begun a final patrol in Philippine waters before heading south to join the Allied forces gathering in the East Indies.

Clearing Mariveles harbor on 30 December, she immediately commenced patrolling the Verde Island Passage. On 1 January, she reconnoitered the north and east coast of Batangas Bay, thence moved to the west and south of Verde Island. In midafternoon, she sighted a small transport moored to the seawall at Calapan, Mindoro; fired one torpedo; and sank the target-not however confirmed by Japanese Loss records.

For seven more days, she maintained her patrol in the Verde Island Passage. On 8 January, the port engine air compressor failed, and, because of battery water consumption and the distance and time to be involved in the transit to the East Indies, she began making her way south. On 10 January, the starboard engine air compressor became troublesome. On 12 January, she hunted in the Sulu Sea. On 13 January, her port main motor went out of commission. On 14 January, she continued her hunting in the Sulu Sea.

On the morning of 15 January, at the approximate intersection of the

Sibutu-Makassar and Davao-Tarakan routes, diving was delayed by oil supply failures to the starboard engine, and she was sighted by a Japanese destroyer. Without correcting the lubrication failure and with one engine out, S-36 submerged and prepared to fire within minutes. But the destroyer was the quicker. Before the submarine could fire. the enemy had dropped seven depth charges which exploded off both quarters of the S-boat. Immediate damage included the loss of power control over the bow planes; gyro compass failure; blown fuses on the starboard lighting circuit, and broken lights in the motor room. By the time she reached 150 feet, her gyrocompass was again working and she began turning slowly to starboard. The destroyer was kept astern. S-36 ran at one-third speed, her depth control and trim poor. Soon her main motor bearing began smoking; oil was applied by hand squirt gun. At about 06:30, almost an hour and a half after the initial contact, she lost depth control. Her trim pump stalled. The No. 2 main ballast was blown and at 230 feet the boat began

to rise. Previously taken steps were reversed; venting and flooding was begun. She stopped at 90 feet.

The destroyer continued to hunt. S-36 continued to fluctuate between 100 -200 feet. Life jackets and escape lungs were issued. At 07:00, control was reestablished: and. at 07:05, she heard the last efforts of the destroyer to locate her. Still in critical condition of trim and propulsion, she cleared the area and about noontime began making repairs to her port main motor. By 20:30, the motor was operating "after a fashion." Within six hours. however, it was smoking. The battery charge was secured. At 03:20, on 16 January, the starboard motor lubrication supply again failed. With dawn, S-36 submerged. Two hours later, she sighted the Sulawesi (Celebes) coast. At noon, fire broke out in the main motor auxiliary circulating pump and was extinguished. After 19:00, she surfaced; and, at 23:08, she passed North Watcher Island. On 17 January, she re-

ceived orders to proceed

and starboard shafts

to Surabaya

went out of commission during the day and one man collapsed from heat, but the main motor lube oil pumps were repaired. On 18 January, S-36 had her "1st day since January 8 with no major part of engineering plant out of commission." She continued through Makassar Strait.

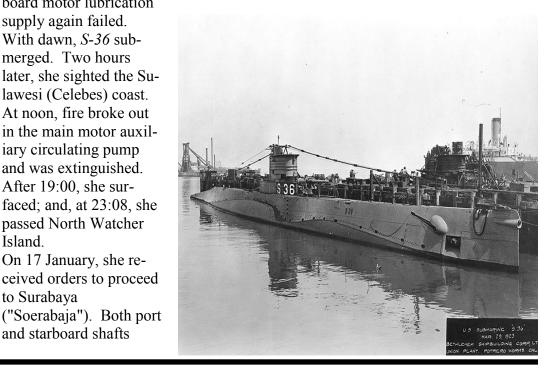
Loss - At 04:04 on the morning of 20 January, she ran hard aground on Taka Bakang Reef. For over 24 hours, the crew battled to save the submarine. But chlorine gas, generated by her flooded forward battery, and the hostile waves and currents of the sea combined against them. A plain language request for aid was sent out and, on the morning of 21 January, a Dutch launch, Attla, was dispatched from Makassar City. By noon, the launch

had taken off most of the officers and men of S-36. At 13:30, the fight and the submarine were abandoned. The last to leave left her rigged to flood. The crew transferred to SS Siberote, were taken to Makassar City, then to Surabaya (Soerabaja), whence they were reassigned.

S-36 was awarded one battle star for her World War II service.

Info from Wikipedia.com





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#### **USSVI Constitution and Bylaws**

We are going to start something new this year. We are going to cover the USSVI Constitution and Bylaws. We'll do a little each month and the Constitution will be here on the left side and the Bylaws on the right side. By the end of the year, hopefully, we'll have covered it all—Moe(SS)

#### ARTICLE I -NAME

Section 1: The name of the organization shall be THE UNITED STATES SUBMARINE VETERANS, INC.

**Section 2:** For the purpose of this Constitution the term "organization" shall be synonymous with "The United States Submarine Veterans, Inc.".

Section 3: The written and spoken name may be shortened to USSVI, USSV, AMERICAN SUBMARIN-ERS or SUBVETS. The Article 1, Section 1 full name shall be used in all official correspondence. (C2012-2)

#### ARTICLE II -EMBLEM

Section 1: The trademarked emblem of this organization shall be depicted by an oval with the words UNITED STATES bracketed along the inside edge of the oval at the top and the words SUBMARINE VETERANS bracketed along the inside edge at the bottom. A depiction of the "QUALIFIED IN SUBMARINES" breast insignia (Dolphins) shall appear centered in the oval. A depiction of the organization's emblem will be found in the organization's bylaws.

**Section 2:** Use of the organization's trademarked emblem for any purpose, will be as specified in the organization's By-Laws.



**Bylaws** (Revised Sept 2012)

#### ARTICLE I – RULES OF ORDER

The general procedure of meetings of this organization shall be in keeping with the normal parliamentary procedure set down by Robert's Rules of Order Newly Revised.

#### **ARTICLE II -- DUES**

**Section 1.** The Board of Directors shall annually evaluate and may adjust National dues and Life Membership dues/fees as required to compensate for inflation and the needs of the organization. The National Annual and Life Membership dues/fees shall be published in the American Submariner, on the USSVI Internet site, and in the United States Submarine Veterans, Inc. Policy and Procedures Manual.

Section 2. Members shall pay National dues to their Primary Base who shall forward dues to the National Office, except for Members-at-Large (MALs), who shall pay their respective dues to the National Office. Exception: After January 1, all delinquent members may be directly invoiced for dues by the National Membership Chair or his representative.

More in the next issue—but the complete USSVI Constitution and Bylaws are available online on the USSVI website to all members. **Study up there will be a quiz at the end of the year.** (Remember I was and still am a Nuke!) - Moe(SS)



#### It's A New Year!

Okay, It's a new year, time to try something new. I have a few suggestions for you. Remember, it's like Mom use to tell you, "just try it, and if you don't like it you don't have to do it again." Remember that? You probably told you kids and tell your grandchildren the same thing.

Okay, have you ever been to a Carolina Piedmont SubVets meeting? If the answer is NO, then why not give one a try this year? And bring your wife or girl friend (but not both).

Have you ever been to in one on the North Carolina SubVet's Parades? If the answer is NO, then why not give that a try this year? I guarantee you'll have fun and find someone to talk about your old boat(s) with.

Have you ever been to the Memorial Event we hold near Burnsville the weekend prior to Memorial Day in the NC Mountains? Your missing a great time with your shipmates, great food, great music, great entertainment from Bilge Rat Productions, and great karaoke by shipmate Al Westberry. We always have a fun time with the other NC Bases.

Have you ever assisted in

a Color Guard? Carolina Piedmont has a formal Color Guard. You'll be surprised how fast those basic command that you learned back in boot camp come back to you. And really it's fun and challenging.

When's the last time you visited children in the hospital? And made their day by making them an "Honorary Submariner" with a picture, a certificate and a cap from our Kaps4Kids program?

Hey, now that everyone's taxes are higher (even though they said they wouldn't go up) money is tighter. Many of those charitable organizations have a lot overhead. I suggest donating to a place where you know you money is going to go to a good cause and you can see it work, like the Kap4Kids, or the SubVets Scholarship Fund.

And if you come to a meeting, don't forget to bring your aluminum cans. Bob Bickford turns them into cash for the USSVI Scholarship Fund.

So fellow Shipmate, if you are just a card-carrying member of the Carolina Piedmont Base, we thank you, because you are part of one of the best Bases in the whole US of A. But

you owe it to yourself to just try one event, one meeting, one parade, one hospital visit, attend one performance of Bilge Rat Production's show at an area Assist Living Home, go to Burnsville just once. It's a brand new year! The lawn, the house, the TV, it will all be there when you get back. Don't miss those opportunities to talk about the days you service this Great Nation of ours on those Boats of Yesteryear. Because they don't build them like that anymore.

Now, your lady will enjoy our ladies too. Because our ladies are active and get things done! Just let your wife read this newsletter (as I hope you guys do) and they'll see that the ladies are always there to support us.

Well, I don't know what else I can say to get you to a meeting. Was the day if you were in my section I could have your butt in the bilge with a greenie and some Spic and Span, but that won't work anymore and some of you were probably E7's and you'd have me down there. So all I can do is ask. But your Mom would tell you to go to a meeting!

January Meeting
January 26th
Dinner at 1730
Meeting at
1900
Dinner prepared by ours
SubVettes at
the cost of
\$6.00/person
Please pay and
support the
Base

#### Answer to the Flag Trivia:

This is the Flag of the State of Minnesota which became the 32 state on May 11, 1858. It will the host State for the 2013 National USSVI Convention held in September of this year.

Minnesota ranks 21st in population and 12th in total area. It is known to be the "Land of 10,000 Lakes", so you wouldn't have to go far if someone told to you to go "jump in a lake".

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## Piedmont Funnies Page

A ragged, old, derelict shuffled into a down and dirty bar. Stinking of whiskey and cigarettes, his hands shook as he took the "Piano Player Wanted" sign from the window and handed it to the bartender.

"I'd like to apply for the job," he said. "I was a Sub Sailor and a Master Chief in Boomers and Attack Boats, but when they started retiring the 688's, all the thrill was gone, and soon they cashiered me as well. I learned to play the piano at Chief's Club happy hours, so here I am." The barkeep wasn't too sure about this doubtful looking old guy, but it had been quite a while since he had a piano player and business was falling off. So, why not give him a try?

The seedy old Master Chief staggered his way over to the piano while several patrons snickered. By the time he was into his third bar of music, every voice was silenced. What followed was a rhapsody of soaring music, unlike anything heard in the bar before. When he finished there wasn't a dry eye in the place. The bartender took the old Chief a beer and asked him the name of the song he had just played.

It's called "Drop your Skivvies, Baby, I'm Going Balls To The Wall For You!" said the Master Chief. After a long pull from the beer, leaving it empty, "I wrote it myself.

The bartender and the crowd winced at the title, but the piano player just went on into a kneeslapping, hand-clapping bit of ragtime that had the place jumping. After he finished, the Master Chief acknowledged the applause, downed a second proffered mug, and told the crowd the song was called, "Big Boobs Make My Main Engine go Ahead Flank."

He then excused himself and lurched to the john. When he came out the bartender went over to him and said, "Look Sailor boy, the job is yours, but do you know "your fly is open and your thing is hanging out?"

"Know it?" the old Master replied, "Hell, I wrote it!"

#### From Chuck Jensen of the Nat Greene Base

\*\*\*\*\*\*\*

The pastor asked if anyone in the congregation would like to express praise for answered prayers. Suzie Smith stood and walked to the podium. She said, "I have a praise. Two months ago, my husband, Tom, had a terrible motorcycle wreck and his scrotum was completely crushed. The pain was excruciating and the doctors didn't know if they could help him." You could hear a muffled gasp from the men in the congregation as they imagine the pain that poor Tom must have experienced. "Tom was unable to hold me or the children," she went on, "and every move caused him terrible pain." We prayed as the doctors performed a delicate operation, and it turned out they were able to piece together the crushed remnants of Tom's scrotum, and wrap wire around it to hold it in place."

Again, the men in the congregation cringed and squirmed uncomfortably as they imag-

ined the horrible surgery performed on Tom. "Now," she announced in a quivering voice, "thank the Lord. Tom is out of the hospital and the doctors say that with time, his scrotum should recover completely." All the men sighed with unified relief. The pastor rose and tentatively asked if anyone else had something to say. A man stood up and walked slowly to the podium

He said, "I'm Tom Smith." The entire congregation held its breath. "I just want to tell my wife the word is sternum."

\*\*\*\*\*\*\*\*

It was Saturday morning as Jake, an avid hunter, woke up raring to go bag the first deer of the season. He Jake walks down to the kitchen to get a cup of coffee, and to his surprise he finds his wife, Alice, sitting there, fully dressed in camouflage. Jake asks her, "What are you up to?" Alice smiles, "I'm going hunting with you!" Jake, though he had many reservations about this, reluctantly decides to take her along.

Three hours later they arrive at a game preserve just outside of San Marcos, Texas.

Jake sets his lovely wife safely up in the tree stand and tells her, "If you see a deer, take careful aim on it and I'll come running back as soon as I hear the shot." Jake walks away with a smile on his face knowing that Alice couldn't bag an elephant - much less a deer.

Not 10 minutes pass when he is startled as he hears an array of gunshots.

Quickly, Jake starts running back. As Jake gets closer to her stand, he hears Alice screaming, "Get the #\$%^ away from my deer!"
Confused and frightened, Jake races faster towards his screaming wife.

And again he hears her yell, "Get the #\$%^ away from my deer!" followed by another volley of gunfire!
Now within sight of where he had left his wife, Jake is surprised to see a Texas game warden with his hands high in the air.

The game warden, obviously distraught, yelled, "Okay, lady! You can have your #\$%^ deer, just let me get my saddle off it!"

A guy asked a girl in a university library: "Do you mind if I sit beside

you?"

\*\*\*\*\*\*\*\*

The girl replied with a loud voice: "I DON'T WANT TO SPEND THE NIGHT WITH YOU!"

All the students in the library started staring at the guy; he was truly embarrassed. After a couple of minutes, the girl walked quietly to the guy's table and said: "I study psychology, and I know what a man is thinking. I guess you felt embarrassed, right?" The guy then responded with a loud voice: "\$500 FOR ONE NIGHT? THAT'S TOO MUCH!" All the people in the library looked at the girl in shock. The guy whispered in her ear: "I study law, and I know how to screw people". \*\*\*\*\*\*\*

An elderly lady was invited to an old friend's home for dinner one evening. She was impressed by the way her lady friend preceded every request to her husband with endearing terms such as: Honey, My Love, Darling, Sweetheart, etc. The couple had been married almost 70 years and, clearly, they were still very

much in love. While the husband was in the living room, her lady friend leaned over to her hostess to say, 'I think it's wonderful that, after all these years, you still call your husband all those loving names.

#### From Al Westbury

A lady goes to the bar on a cruise ship and orders a Scotch with two drops of water. As the bartender gives her the drink she says, 'I'm on this cruise to celebrate my 80th birthday and it's today.'

The bartender say s, 'Well, since it's your birthday, I'll buy you a drink. In fact, this one is on me.'; As the woman finishes her drink, the woman to her right says, 'I would like to buy you a drink, too.'

The old woman says,
'Thank you. Bartender, I
want a Scotch with two
drops of water.'

'Coming up ,' says the bartender.

As she finishes that drink, the man to her left says, 'I would like to buy you one, too.'

The old woman says,

'Thank you. Bartender, I want another Scotch with two drops of water.' 'Coming right up,' the bartender says. As he gives her the drink, he says, 'Ma'am, I'm dying of curiosity. Why the Scotch with only two drops of water?' The old woman replies, 'Sonny, when you're my age, you've learned how to hold your liquor. Holding your water, however, is a whole other issue.' \*\*\*\*\*\*\*

#### Another one from Al

In a dark and hazy room, peering into a crystal ball, the Mystic delivered grave news:

"There's no easy way to tell you this, so I'll just be blunt. Prepare yourself to be a widow. Your husband will die a violent and horrible death this year." Visibly shaken, Laura stared at the woman's lined face, then at the single flickering candle, then down at her hands. She took a few deep breaths to compose herself and to stop her mind racing. She simply had to know.

She met the Fortune Teller's gaze, steadied her voice and asked, "Will I be acquitted?"

Might as well laugh—they haven't Taxed it; yet!

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#### **Holland Club Member in the Spotlight**



This is a new column that is added for 2013. We'll start at the top of the Base Roster and work our way down. That way it will be easier for me to keep track of. – Moe(SS) This month's Holland Club Member of the Month is Al Allen. Al is a retired MMCM(SS) and qualified in 1955 on the USS Carbonero SS-337. Al lives where he grew up and that is Guthrie. Oklahoma with his wife Alice. I told Al that was Will Rogers country and he said he lived about twenty miles from the old Will Rogers Ranch. I told him we had a great Boat reunion there back in the 90's.

Al joined the Navy right after graduation, having taken ROTC classes throughout high school. He, like me, did not want anything to do with farming and was ready for "adventure". He told the recruiter he wanted submarines from the start or he wasn't going. Since he had ROTC, never went to Boot camp. Just

2 weeks in San Diego for processing then on to New London to attend to Submarine School.

After Sub School As, was assigned to the Carbonero as an EN. The Carbonero was one of few boats equipped to fire "loon missiles" as part of the Submarine Guided Missile Program.

After qualifying and being on the Cabonero for a while, Al wanted something more adventurous. After letting the Captain know about his ambitions, he was ordered to New London for some special testing.

Al was not told what the special testing was all about. Nor the special training that followed; at least for a while, it seems Al was in the first Nuclear Power School Class before it was even called that. After that, he went to Idaho to the prototype of the S1W or what would be the power plant of the Nautilus SSN 571. Al became a member of the crew of the Nautilus from 1958 to 1961.

Later, around 1963, Al would go to Bainbridge, Maryland and help set up the old WWII complex into Naval Nuclear Power School. (Yes, I remember it well) Al also served in New London Advanced Engineer Group where he

was one of the pioneers of the Sub-Safe Systems that kept many of us safe. Al favorite duty station was the USS Nathanael Greene SSBN 636 where he served on both the Blue and Gold crews for over an eight year stretch. Al said he knew that engineroom inside and out: and I know that would be true. I could still bring steam into the old Willy R and lit her off and I only did 5 patrols. Al really knew that 636 boat!

After that, Al did some more time in NL until he had his twenty. They wanted him to stay, but he had enough and moved his young family back to Guthrie. He had offers to teach nuclear power in Florida, but was happy doing small engine repair and ran a shop for 17 years. Then a cattle rancher until about 3 years ago when his health started troubling him. What a great guy to talk to. He and I had so much in common. Both left the farm for the Navy, both MMs, both nukes, both tinkered with small engines for money at one point in our lives. Thanks Al, for setting the

Thanks Al, for setting the path and leading the way. I would be working nuke power today without you. – Moe(SS)

# The Silent Sermon — provided by National Chaplain Ray Fritz

The Silent Sermon A member of the church, who previously had been attending services regularly, stopped going. After a few weeks, the pastor decided to visit him. It was a chilly evening. The pastor found the man at home alone, sitting before a blazing fire. Guessing the reason for his pastor's visit, the man welcomed him, led him to a comfortable chair near the fireplace and waited.

The pastor made himself at home but said nothing. In the grave silence, he contemplated the dance of the flames around the burning logs. After some minutes, the pastor took the fire tongs, carefully picked up a brightly burning ember and placed it to one side of the hearth all alone then he sat back in his chair, still silent.

The host watched all this in quiet contemplation. As the one lone ember's flame flickered and diminished, there was a momentary glow and then its fire was no more. Soon it was cold and

dead.

Not a word had been spoken since the initial greeting. The pastor glanced at his watch and realized it was time to leave. He slowly stood up, picked up the cold, dead ember and placed it back in the middle of the fire. Immediately it began to glow, once more with the light and warmth of the burning coals around it. As the pastor reached the door to leave, his host said with a tear running down his cheek, 'Thank you so much for your visit and especially for the firey sermon. I will be back in church next Sunday.'

We live in a world today, which tries to say too much with too little. Consequently, few listen. Sometimes the best sermons are the ones left unspoken.

A Psalm of David – Psalm 23

The Lord is my shepherd — that's Relationship!
I shall not want — that's Supply!

He makes me to lie down in green pastures --- that's Rest!

He leads me beside the still waters --- that's Refreshment!

He restores my soul --- that's Healing!

He leads me in the paths of righteousness --- that's Guidance!

For His name sake ---

that's Purpose!

Yea, though I walk through the valley of the shadow of death --- that's Testing!

I will fear no evil --- that's Protection!

For You are with me --- that's Faithfulness! Your rod and Your staff, they comfort me --- that's Discipline!

You prepare a table before me in the presence of my enemies --- that's Hope! You anoint my head with oil --- that's Consecration! My cup runs over --- that's Abundance!

Surely goodness and mercy shall follow me all the days of my life --that's Blessing! And I will dwell in the house of the Lord --- that's

Forever --- that's Eternity! Face it, God loves you!

Security!

Provided by none other than Jack:

Where did "piss poor" come from? If you're young and hip, this is still interesting. NOW THIS IS A REAL **EDUCATION** We older people need to learn something new every day...Just to keep the grey matter tuned up. Where did "Piss Poor" come from? Here is an interesting history. They used to use urine to tan animal skins, so families used to all pee in a

pot. And then once it was full it was taken and sold to the tannery. If you had to do this to survive you were "Piss Poor". But worse than that were the really poor folk who couldn't even afford to buy a pot. They "didn't have a pot to piss in" and were the lowest of the low.

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500's. Most people got married in June because they took their yearly bath in May, and they still smelled pretty good by June. However, since they were starting to smell, brides carried a bouquet of flowers to hide the body odor. Hence, the today's custom of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last, all of the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water!"

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saving. "It's raining cats and dogs." There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence. The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "Dirt poor." The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entrance-way. Hence: a thresh hold. (Getting quite an education, aren't you?)

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In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old." Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests and would all sit around and chew the fat. Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poison-

Bread was divided according to status. Workers got the burnt bottom

of the loaf, the family got the middle, and guests got the top, or the upper crust. Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom; "holding a wake "

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus, someone could be, "saved by the bell" or was "considered a dead ringer." And that's the truth. Now. whoever said history was

boring!!! So get out there and educate someone! Share these facts with a friend. Inside every older person is a younger person wondering, "What the heck happened?" We'll be friends until we are old and senile. Then we'll be new friends. Smile, it gives your face something to do!

#### <u>Daddy's Poem</u> <u>Provide by Walt Sealy.</u>

Her hair was up in a pony

\*\*\*\*\*\*\*

tail,
Her favorite dress tied
with a bow.
Today was Daddy's Day
at school,
And she couldn't wait to

But her mommy tried to tell her,
That she probably should stay home;
Why the kids might not understand,
If she went to school alone.

But she was not afraid; She knew just what to say. What to tell her classmates Of why he wasn't there today.

But still her mother worried, For her to face this day alone. And that was why, once again,
She tried to keep her daughter home.

But the little girl went to school, Eager to tell them all. About a dad she never sees, a dad Who never calls.

There were daddies along the wall in Back, for everyone to meet. Children squirming impatiently, Anxious in their seat.

One by one the teacher called
On a student from the class.
To introduce their daddy,
As seconds slowly
passed.

At last the teacher called her name, Every child turned to stare. Each of them was searching, A man who wasn't there.

"Where's her daddy at?"
She heard a boy call out.
"She probably doesn't
have one,"
Another student dared to
shout.

And from somewhere near the back, She heard a daddy say, "Looks like another deadbeat dad,

Too busy to waste his day."

The words did not offend her, As she smiled up at her Mom. And looked back at her teacher, who Told her to go on..

And with hands behind her back, Slowly she began to speak. And out from the mouth of a child, Came words incredibly unique.

"My Daddy couldn't be here,
Because he lives so far away.
But I know he wishes he could be,
Since this is such a special day.

And though you cannot meet him,
I wanted you to know
All about my daddy,
And how much he loves me so.

He loved to tell me stories,
He taught me to ride my bike;
He surprised me with pink roses,
And taught me to fly a kite.

We used to share fudge sundaes, And ice cream in a cone. And though you cannot see him.

I'm not standing here alone.

'Cause my daddy's always with me,
Even though we are apart;
I know because he told me,
He'll forever be in my
heart"

With that, her little hand reached up, And lay across her chest. Feeling her own heartbeat, Beneath her favorite dress.

And from somewhere there in the crowd of dads, Her mother stood in tears. Proudly watching her daughter, Who was wise beyond her

For she stood up for the love Of a man not in her life. Doing what was best for her,

years.

Doing what was a right.

And when she dropped her hand back Down, staring straight into the crowd. She finished with a voice so soft, But its message clear and loud.

"I love my daddy very much, he's my shining star. And if he could, he'd be here. But heaven's just too far.

You see he is an Ameri-

can Soldier And he died just this past year,, When a roadside bomb hit his convoy And taught Americans to

fear.

But sometimes when I

close my eyes, it's like he never went away." And then she closed her eyes, And saw him there that day.

And to her mother's amazement,
She witnessed with surprise,
A room full of daddies and children,
All starting to close their eyes.

Who knows what they saw before them; Who knows what they felt inside. Perhaps for merely a second, They saw him at her side.

"I know you're with me Daddy," to the silence she called out.

And what happened next made believers, of those once filled with doubt.

Not one in that room could explain it,

for each of their eyes had been closed. But there on the desk beside her, was a fragrant longstemmed pink rose.

And a child was blessed, if only for a moment, by the love of her shining star.
And given the gift of believing, that heaven is never too far.

They say it takes a minute to find a special person, an hour to appreciate them, a day to love them, but then an entire life to forget them. Take the time to live and love. Until eternity, God Bless. There must be many children in the same boat as this little girl, thanks to our servicemen and their families for the sacrifice they are making to keep our country free. The ULTIMATE sacrifice is being left behind. Don't forget them. PRAY FOR **OUR TROOPS!!!** 



Page 24 Piedmont Periscope

#### 2013 U.S. SUBMARINE VETERANS SE REGIONAL

SHERATON, NORTH CHARLESTON, SOUTH CAROLINA APRIL 7,8,9,10,11 – 2013

RESERVATIONS: (NLT 6 March 2013) 1-843-747-1900

HOTEL ROOMS: \$85.00 (plus tax)

NAME	GUEST			_		
ADDRESS_	EMAIL			_		
сіту	STATEZIPPI	hone		_		
An	ril 7 <u>SUNDAY</u>					
,,,,	Early Registration and Hospitality Room Op	oens				
	(Daily Free Libations and delicious Snacks)					
AP	RIL 8 MONDAY	, ,				
	11:30 AM- All Hands Lunch @ FRA 269		Yes	No		
	2:00 PM- Tour of NNPTU & Weps Station		Yes	No		
AP	RIL 9 <u>TUESDAY</u>					
	10:30 AM- Men's Meeting/ Luncheon		Yes	No		
	10:30 AM- Ladies' Meeting/ Luncheon		Yes	No		
	2:00 PM- CSS HL Hunley Submarine Tour		Yes	No		
AP	RIL 10 <u>WEDNESDA</u> Y					
	1:00 PM- WW II/USSVI Cold War Memorial		Yes	No		
	6:00 PM- Cocktails (cash bar)/BANQUET/D	ance	Yes	No		
AP	RIL 11 THURSDAY					
	8:00AM – 10:00AM Depart Day/ Hospitality	y Room Farev	vell			
	Registration Fee (per person) \$25.00	0 x =				
	All Hands Lunch @ The Fleet (pp) \$15.00	0 x=	:			
	Men's/ Ladies Luncheon (pp) \$15.00	0 x=				
	CSS HL Hunley Sub Tour (pp) \$15.00	0 x=				
	Banquet Dinner and Dance (pp) \$35.00	x=				
	50/50 Depth Charge Drawing 1@\$1.00,7@\$5.00,2	<u> 20@\$10.00</u> =				
		TOTAL =\$	·			
	ke Checks Payable To: Thomas S. Beach					
Send To:	Thom Beach, 1014 Live Oak Ave, Moncks Corner, S					
	or Questions? Contact: <u>thombeach@yahoo.com</u> or 1-8					
LINKS: WV	w.ussvicb.org www.sheratoncharleston.com www.fra	1209.019				

#### RESERVATIONS:

- Room reservations must be made one (1) month before the start of the convention.
- Cancellations must be confirmed at least three (3) days prior to your scheduled arrival date.
- Please mail in your registration form indicating the events you desire so I can make reservations and tours for you.

#### TRANSPORTATION

- We need to share rides to all scheduled events away from the hotel. All events are within ten (10) miles of the hotel.
- Please help out and share your empty seats.
- The hotel provides shuttles to and from the airport, to downtown Charleston, to Tangier Outlet Mall and within
  approximately three miles of the hotel. Tangier Malls is across the bridge over the interstate, turn right at the light
  and then turn right at the next light.

#### THE AREA:

- The Sheraton Hotel is located at I26, exit 213B.
- 2. The FRA is located at the intersection of Red Bank Road and Hwy52, just behind Wendy's hamburgers.
- The American Legion is south of Red Bank Road from the FRA approximately one (1) on the left mile behind the used car lot.
- 4. The VFW is north on Hwy 52 on the right approximately one (1) mile from the FRA beside Circle K.
- The Cold War Memorial (leaving from the hotel) is East on I26 towards Mt. Pleasant ext. 220. Make a right turn at the
  - bottom of the bridge and a second right turn at gas station. Cold War Memorial is 1/2 mile on the left.
- The After Battery is West on I26. Take exit 187. Turn left, go to the BP station and turn right onto Hwy 78/178.
   Bear right at the fork of the road Hwy 178. Go to School House Road and turn left. Watch for a US flag on the left, turn and enter the driveway and go to the end.

#### RED BANK ROAD:

In the north area, Red Bank Road was the back bone of the military from the 40's through the 90's. It runs from the waterfront at the Navy Weapons Station to the railroad tracks in the middle of Goose Creek. It was used to transport ammo, bombs, torpedoes, and missiles to and from the weapons Stations for ships, submarines and the old Army Depot. It was also a fine liberty strip and it has still remained pretty much unchanged over the years.

When leaving the hotel complex, turn right onto Montague. Go to Park Circle and go ¾ of the way around the circle and turn right onto North Rhett. Stay on North Rhett for approximately four miles until you come to Red Bank Road. If you turn right on Red Bank Road, you enter the military complex where you will find the Exchange, Commissary, and VA Clinic. If you turn left onto Red Bank Road, you will find that the road ends at the railroad tracks by Wendy's Restaurant. Wendy's is on the right and the Fleet Reserve is behind Wendy's.







Carolina Piedmont Base Calendar of Upcoming Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19 Halfway night Show – Gastonia Call Moe(SS)
20	21	22	23	24	25	26 Base Meeting VFW POST 1730 Dinner 1900 Meeting
27	28	29	30	31	FEB 1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16 Halfway night Show – Salisbury VA
17	18	19	20	21	22	23 Base Meeting VFW POST 1730 Dinner 1900 Meeting
24	25	26	27	28	MAR 1	2

One way to support VFW Post 9138 is to attend their Sunday Morning Breakfast held on the second Sunday of each month from 8am to 11am— Come on out! -

